

2009 Southeastern Conference

Men's and Women's

Outdoor Track & Field Championships



University of Florida  
Gainesville, Florida  
May 14 - 17, 2009

# Championships Participant Manual

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## CHAMPIONSHIP ADMINISTRATIVE TEAM

### **Director of Athletics**

#### **Jeremy Foley**

(352) 375-4683 ext. 6000  
[Jeremy@gators.uaa.ufl.edu](mailto:Jeremy@gators.uaa.ufl.edu)

### **Associate Athletic Director**

#### **Jamie McCloskey**

(352)375-4683 ext. 6022  
[Jamie@gators.uaa.ufl.edu](mailto:Jamie@gators.uaa.ufl.edu)

### **Florida Head Track Coach**

#### **Mike Holloway**

(352) 375-4683 ext. 4458  
[Mouse@gators.uaa.ufl.edu](mailto:Mouse@gators.uaa.ufl.edu)

### **Tournament Director**

#### **Brian Barton**

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(352) 317-4720 cellular  
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### **Championships Liaison**

#### **Mike Spiegler**

(352) 375-4683 ext. 6035  
(352) 316-4327 cellular  
[mike@gators.uaa.ufl.edu](mailto:mike@gators.uaa.ufl.edu)

### **Ticket Manager**

#### **Mark Gajda**

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### **Marketing Coordinator**

#### **Martin Salamone**

(352) 375-4683 ext. 6639  
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### **Track Trainer**

#### **Andy Klock**

(352) 375-4683 ext. 5105  
(352) 231-0053 cellular  
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### **Equipment Manager**

#### **Frank Caraway**

(352) 375-4683 ext. 4383  
[frankc@gators.uaa.ufl.edu](mailto:frankc@gators.uaa.ufl.edu)

### **Sports Information**

#### **Sean Cartell**

(352) 375-4683 ext. 6120  
(352) 281-7947 cellular  
[seanca@gators.uaa.ufl.edu](mailto:seanca@gators.uaa.ufl.edu)

### **Gift Shop Merchandise**

#### **John Sullivan**

(352) 375-4683 ext. 6514  
[johns@gators.uaa.ufl.edu](mailto:johns@gators.uaa.ufl.edu)

### **Timing Company**

#### **Scott Peters**

Half Mile Timing  
[halfmiletiming@cox.net](mailto:halfmiletiming@cox.net)

### **SEC Championship Liaison**

#### **Torie Johnson**

(205) 458-3000  
(205) 936-7659 cellular  
[tjohnson@sec.org](mailto:tjohnson@sec.org)

### **SEC Track @ Field Committee**

**Michael D. Holloway**, Florida

**Joe Walker**, Ole Miss

**D'Andre Hill**, Vanderbilt

### **Officials Coordinator**

#### **Tony Tussing**

(386) 734-6389  
(386) 801-2019 cellular  
[zmelt@cfl.rr.com](mailto:zmelt@cfl.rr.com)

### **Jury Of Appeals**

Dale Thompson

Ken Brauman

John Hemmer

### **Referees**

**Will Booth**, Meet

**Lionel Bonck**, Jumps

**Dick Moss**, Multi-Events

**Gerry Mulligan**, Throws

**Tommy Turner**, Running Events

**Derek Monroe**, Starter

## **PRE-MEET CHECKLIST**

### **Sunday, April 12<sup>th</sup>, 2009 by 12:00pm (EST)**

- \_\_\_\_\_ Online Entries open on Direct Athletics ([www.directathletics.com](http://www.directathletics.com))  
Entries may be edited until 12:00pm on May 12<sup>th</sup> (EST).  
All entries as of 12:00pm, Tuesday May 12<sup>th</sup>, 2009 are declared FINAL

### **Monday, May 11<sup>th</sup>, 2009 by 5:00pm (EST)**

- \_\_\_\_\_ Official Travel Roster form due. Fax to: 352-373-1432  
Contact: Mellanee Welty
- \_\_\_\_\_ Ticket purchase order forms and pass list due. Fax to: 352-372-5801  
Contact: Mark Gadja
- \_\_\_\_\_ Media Credential Requests due to the Florida Communications office  
Contact: Sean Cartell Fax to: 352-375-4809
- \_\_\_\_\_ Fax suggested PV and HJ increments. Fax #: 352-373-1432  
Contact: Mellanee Welty
- \_\_\_\_\_ Coaches Dinner Reservation Form due. Fax to: 352-384-2725  
Contact: Mike Spiegler

### **Tuesday, May 12<sup>th</sup>, 2009 by 12:00pm (EST)**

- \_\_\_\_\_ Online Entries due at [www.directathletics.com](http://www.directathletics.com)  
All entries (including multi-events) as of 12:00pm are declared FINAL for the meet and posted on [www.GatorZone.com](http://www.GatorZone.com). Fax Multi event individual marks.  
Fax: 352-373-1432
- \_\_\_\_\_ Championships Committee Meeting at 3:00pm in the Lemerand Center A/V Room (2<sup>nd</sup> Floor)

### **Wednesday, May 13<sup>th</sup>, 2009 by 6:00pm (EST)**

- \_\_\_\_\_ Coaches Dinner/Meeting/Packet Pick-up at the Women's Club.

\*Mandatory technical meeting for coaches and referees will follow dinner

# **2009 SEC OUTDOOR CHAMPIONSHIPS SCHEDULE**

## **Wednesday, May 13<sup>th</sup>**

6:00pm Coaches Meeting/Dinner

## **Thursday, May 14<sup>th</sup>**

2:30pm Women's Heptathlon 100m Hurdles

3:00pm Men's Decathlon 100m

## **Friday, May 15<sup>th</sup>**

12:30pm Men's Decathlon 110m Hurdles

1:30pm Women's Heptathlon Long Jump

2:00pm Men's Hammer Prelims & Finals

5:00pm Women's Hammer Prelims & Finals

5:50pm National Anthem

6:00pm Men's 800m Prelims

6:15pm Women's 800m Prelims

6:35pm Men's 200m Prelims

6:50pm Women's 200m Prelims

7:20pm Men's 400m Hurdle Prelims

7:35pm Women's 400m Hurdle Prelims

7:50pm Men's 10,000m Final

8:30pm Women's 10,000m Final

## **Saturday, May 16<sup>th</sup>**

12:00pm Men's Javelin Prelims & Final

2:00pm Men's Long Jump Prelims & Final

3:30pm Women's Discus Prelims & Final

4:00pm Women's Long Jump Prelims & Final

4:00pm Men's Pole Vault Prelims & Final

5:50pm National Anthem

6:00pm Men's High Jump Prelims & Final

6:00pm Men's 1500m Prelim

6:15pm Women's 1500m Prelim

6:30pm Men's Shot Put Prelims & Final

6:30pm Men's 110m Hurdle Prelim

6:45pm Women's 100m Hurdle Prelim

7:00pm Men's 400m Prelim

7:20pm Women's 400m Prelim

7:40pm Men's 100m Prelim

7:55pm Women's 100m Prelim

8:10pm Men's 3000m Steeplechase Final

8:30pm Women's 300m Steeplechase Final

## **Sunday, May 17<sup>th</sup>**

12:00pm Women's Javelin Prelims & Final

1:00pm Women's Triple Jump Prelims & Final

3:00pm Women's Pole Vault Prelims & Final

3:00pm Men's Triple Jump Prelims & Final

3:30pm Men's Discus Prelims & Final

4:50pm National Anthem

5:00pm Women's High Jump Prelims & Final

5:00pm Men's 4x100m Final

5:10pm Women's 4x100m Final

5:20pm Men's 1500m Final

5:30pm Women's 1500m Final

5:40pm Men's 110m Hurdle Final

5:50pm Women's 100m Hurdle Final

6:00pm Men's 400m Final

6:10pm Women's 400m Final

6:20pm Men's 100m Final

6:30pm Women's 100m Final

6:30pm Women's Shot Put Prelims & Final

6:40pm Men's 800m Final

6:50pm Women's 800m Final

7:05pm Men's 400m Hurdle Prelims

7:15pm Women's 400m Hurdle Prelims

7:25pm Men's 200m Final

7:35pm Women's 200m Final

7:45pm Men's 5000m Final

8:05pm Women's 5000m Final

8:35pm Men's 4x400m Final

8:50pm Women's 4x400m Final

## PRACTICE SCHEDULE

No jogging on the infield. The infield is closed for field event practice.  
The competition and warm-up facilities are available for practice at the following times:

Venue	5/13/09	5/14/09	5/15/09	5/16/09	5/17/09
Warm-up Facility (Football Field)	9am – 9pm	9am – 7pm	9am – 9pm	8am – 9pm	8am – 9pm
Competition Track	9am – 9pm	9am - Noon	9am – Noon	8am – 10am	8am – 10am
Javelin (Infield)	9am – 1pm	9am – 10am	9am – 10am	N/A	N/A
Discus (Infield Cage)	1pm – 3pm	10am – 11am	N/A	N/A	N/A
Discus (Outside Cage)	10am – Noon 3pm – 9pm	10:30am - Noon	10:30am – Noon	10:30am – Noon	10:30am – Noon
Shot Put	9am – 9pm	9am – Noon	9am – Noon	8am – 10am	8am – 10am
Hammer (Outside Cage)	Noon – 3pm	9am – 10:30am	N/A	9am – 10:30am	9am – 10:30am
High Jump	9am – 9pm	9am - Noon	10am – Noon	8am – 10am	8am – 10am
Pole Vault	9am – 9pm	9am – Noon	9am – Noon	8am – 10am	8am – 10am
Long Jump	9am – 9pm	9am – Noon	9am – Noon	8am – 10am	8am – 10am
Triple Jump	9am – 9pm	9am – Noon	9am – Noon	8am – 10am	8am – 10am

## **IMPLEMENT WEIGH-IN SCHEDULE AND VAULTING POLE STORAGE**

- All Weigh-ins will take place at the North end of Pressly Stadium
- Once implements are dropped off, they will not be returned until warm-ups for the competition.
- No implements will be processed if received less than two hours before the start of each event.
- Men's Javelins MUST be dropped off no later than 3:00pm Friday, May 15<sup>th</sup>
- Women's Javelins MUST be dropped off no later than 4:00pm Saturday, May 16<sup>th</sup>.
- Poles stored at South end of Pressly Stadium.

All implements will be accepted during the following times:

Thursday, May 14 <sup>th</sup> :	10:30am – 12:30pm 3:00pm – 5:00pm
Friday, May 15 <sup>th</sup> :	10:00am – 3:00pm
Saturday, May 16 <sup>th</sup> :	12:30pm – 4:00pm
Sunday, May 17 <sup>th</sup> :	12:30pm – 4:00pm

## **COACHES & ATHLETE INFORMATION**

### **AWARDS**

Team trophies will be presented at the conclusion of the meet on Sunday. The top eight finishers in each event will be recognized immediately following each respective event. Medals for the top three finishers in each event may be picked up in the Women's Club on Sunday evening at the conclusion of the competition. The Men's and Women's Commissioner's Trophies will also be presented with the team championships trophies.

### **COACHES' BOXES**

Coaches' boxes will be designated for each field event. Coaches' areas will be included on a map in the final draft of this manual. The areas will also be marked on site. Only one coach per school (no managers, trainers, etc.) will be allowed in the infield coaching areas. These areas will be discussed in greater detail during the coaches' meeting.

### **COACHES' MEETING/DINNER**

The coaches and officials dinner will take place on Wednesday, May 13<sup>th</sup>, 2009 at 6:00pm at the Women's Club on campus. Coaches, Sports Information Directors, and Athletic Administrators are welcome to attend. Please limit your party to 10 individuals per institution. Fax your reservations to Mike Spiegler at (352) 384-2485 no later than Monday, May 11<sup>th</sup>, 2009. The mandatory technical meeting for coaches and officials will follow dinner.

### **COMPETITOR NUMBERS**

Competition numbers must be worn on the front of the uniform jersey. Athletes competing in the pole vault may wear one number on the back of their jersey.

### **ELECTRONIC DEVICES**

Per NCAA rules, the use of electronic devices will not be allowed in warm up and/or competition venues.

### **ENTRY DEADLINES/DECLARATIONS**

- Entries open at 12:00pm (EST) on Sunday, April 12<sup>th</sup>, 2009 and may be edited until 12:00pm (EST) on Tuesday, May 12<sup>th</sup>, 2009.
- All entries (including multi-events) as of 12:00pm (EST) on Tuesday, May 12<sup>th</sup>, 2009 are declared FINAL.

### **ELIGIBILITY**

All student-athletes must be certified as eligible by the institution as required by the SEC prior to participating in the SEC Championships

### **EQUIPMENT**

Relay teams may use their own batons. Spikes in excess of ¼" or 7mm pyramid will not be allowed. Javelin and High Jump Athletes may use 3/8" or 9mm spikes. No needle spikes allowed.

## EQUIPMENT STORAGE

**Throwing implements:** North End of Pressly Stadium

**Pole vault:** South End of Pressly Stadium

## EVENT CHECK-IN

**Running Event** athletes must check in at the clerking area one hour prior to the start of their event. Hip numbers will be distributed at this time. Athletes must report to the staging area 15 minutes prior to the start of their event.

**Jumping Event** athletes will be allowed to begin specific warm-ups at the site of competition 1 hour prior to the start of the event. Athletes must be checked in with event officials 30 minutes prior to the start of the event.

**Pole Vault & Throwing Event** athletes will be allowed to begin specific warm-ups at the site of competition 1 ½ hours prior to the start of the event. Athletes must be checked in with event officials 30 minutes prior to the start of the event.

## FACILITY HOURS

James G. Pressly Stadium at Percy Beard Track will be open to competing athletes 1 ½ hours before the practice schedule listed on page 5.

## HOSPITALITY

Hospitality will be located at the Women's Club across Woodlawn Drive. It is open to all officials, event personnel, coaches, media and administrators with a valid championships credential. Soft drinks, snacks and other refreshments will be available. Student-athletes will not be allowed in this area.

## INCLEMENT WEATHER

In the event of severe or inclement weather, including but not limited to tornadoes, hurricanes, lightning, and extreme temperatures, practice and competition will be halted until the weather has calmed. A safe shelter for participants, coaches, officials and volunteers will be in the Lemerand Center and Women's Club. Spectators will be asked to leave the facility. The Championship Staff will communicate with coaches further regarding any such issues.

## LOCKER ROOMS

Please contact Frank Caraway at 352-375-4683 x 4383 to make arrangements for use of shower facilities.

## MEDIA CREDENTIALS

Members of the media (reporters, Communications Directors, photographers) must submit their requests for credentials to Sean Cartell by fax (352-375-4809) or [SeanCa@gators.uaa.ufl.edu](mailto:SeanCa@gators.uaa.ufl.edu) in the Florida Communications Office no later than 5:00pm, on Monday, May 11<sup>th</sup>. Visiting SID's should have All Access passes so they can get to their teams.

## MEDICAL AREA

Visiting teams will be allowed to set up their training tents on the football practice field. Please note trainers must have their credentials to be admitted inside the warm-up and competition areas.

## PREFERRED LANES

The preferred lanes on the Percy Beard Track are:

Straight: 5-6-4-7-3-8-2-9-1

Curve: 6-7-5-8-4-9-3-2-1

## PROTEST TABLE

The protest table will be located at the clerk of course. All protests relating to matters which develop during the meet should be made as quickly as possible, and no later than 30 minutes after the event results are posted. Protests must be made by a coach and submitted to the officials at the protest table. Meet officials will deliver the protests to the referees. The referees' written decision will be returned to the protest table.

If an athlete is disqualified, the head coach, or his/her representative must be notified immediately by the meet referee of the disqualification. Any resultant protest must be filed as soon as possible, but no later than 30 minutes after the notification.

## RELAY CARDS

Relay cards should be submitted to officials at the clerks table during athletes check-in 30 minutes prior to the start of the relay. Relay cards will be available in your coaches' packet and extras will be provided at the clerk of course.

## RESULTS

Printed meet results will be posted under Pressly Stadium. Results can also be viewed on the 2009 SEC Championships Official Website at [www.secsports.com](http://www.secsports.com), [www.gatorzone.com](http://www.gatorzone.com), and [www.halfmiletiming.com](http://www.halfmiletiming.com).

## SCORING

Team scoring per event is 10, 8, 6, 5, 4, 3, 2, 1.

## STARTING BLOCKS

All starting blocks will be provided on site by meet management. Any student' athletes wishing to use their own starting block must obtain approval from the Meet Referee prior to their competition.

## STARTING HEIGHTS

Starting heights will be determined by the championships committee. The committee will then set the progressions following normal high jump and long jump protocol keeping in mind regional qualifying marks.

## TEAM CREDENTIALS

Per SEC Bylaw 12.3.1. All credentials shall be issued according to a numbering system (or other comparable method) to ensure only appropriate individuals have access to specified areas.

**Athlete Credentials** will be issued to each declared student-athlete. Credentials must be visible at all times to gain admittance into the Percy Beard Track and the warm-up area. Bib numbers are not acceptable for admission into the stadium.

**Coaches Credentials** will be distributed in accordance with SEC limitations on size of coaching staffs. Two team managers and two administrators may also receive a credential. Two medical credentials will be available for trainers and/or team physicians.

## TEAM PACKETS

Team Packets will be picked up between 6:00pm and 7:00pm at the Coaches Dinner. Coaches should expect to find the following in each packet: Athlete Credentials, Coaches Credentials, Final instructions, Relay Cards, Competitor Numbers, Protest Forms, Parking Passes, and Pins.

## TICKETS

Tickets for the 2009 SEC Men's and Women's Outdoor Track & Field Championships may be purchased through the Florida Ticket Office at

- \$20 Adult ( All Sessions)
- \$10 College Student with ID & younger (All Sessions)
- \$10 Adult (Single Day Ticket)
- \$5 College Student with ID & younger (Single Day Ticket)

## TICKET PASS LIST

Each head coach may receive eight tickets, each assistant coach may receive four and student-athletes may receive four guest admissions. Schools will be invoiced for the tickets used. Please submit requests by fax by Monday, May 11<sup>th</sup>, 2009 to Mark Gajda, UAA Ticket Office at 352-372-5801

## PRE-COMPETITION WARM-UPS

Warm up for all running events will be held on practice Football Facility. Running event competitors will only be allowed on the track immediately prior to the start of the event. Jumping event competitors will be permitted on to warm-up at the event site beginning one hour prior to the start of the event. Pole vault and throwing event competitors will be allowed to warm-up at the event site 90 minutes prior to the start of the event. Additional practice times are listed for each day on page 5..

## 2009 NCAA DIVISION I OUTDOOR TRACK & FIELD

Event	MEN	WOMEN
100 Meters	10.55	11.75
200 Meters	21.35	23.96
400 Meters	47.20	54.61
800 Meters#	1:50.40	2:09.80
1,500 Meters#	3:47.80	4:27.80
Mile#	4:06.00	4:49.30
3,000- Meter Steeplechase#	9:07.00	10:50.25
5,000 Meters#	14:12.00	16:52.00
10,000 Meters#		
Auto	28:45.00	33:29.70
Prov	29:30.00	34:59.70
110-Meter Hurdles	14.30	13.92
400-Meter Hurdles	52.51	1:00.82
400-Meter Relay	40.66	45.70
440-Yard Relay	40.86	45.90
1,600-Meter Relay	3:10.00	3:42.00
Mile Relay	3:11.10	3:43.30
METRIC		
High Jump	2.10	1.75
Pole Vault	5.05	3.85
Long Jump	7.34	6.00
Triple Jump	15.00	12.32
Shot Put	16.80	14.30
Discus	51.70	47.30
Javelin	61.60	43.45
Hammer	56.80	54.15
Decathlon -		
Auto	7,500 points	5,500 points
Prov	6,900 points	5,050 points

# - Altitude adjustment available

**OFFICIAL TRAVEL PARTY ROSTER**

TEAM: \_\_\_\_\_ Men – Women – Combined

Coaching Staff:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

Administrators:

1. \_\_\_\_\_
2. \_\_\_\_\_

Managers:

1. \_\_\_\_\_
2. \_\_\_\_\_

Sports Information Director

1. \_\_\_\_\_

Medical Staff / Athletic Trainers:

1. \_\_\_\_\_
2. \_\_\_\_\_

Head Coach's Signature: \_\_\_\_\_

Please fax this to Mellanee Welty at (352) 373-1432 by Monday, May 11<sup>th</sup>

# POLE VAULT AND HIGH JUMP INCREMENTS

Institution \_\_\_\_\_ Coach \_\_\_\_\_

## Men's High Jump

## Men's Pole Vault

\_\_\_\_\_ (Starting Height)

\_\_\_\_\_ (Starting Height)

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

## Women's High Jump

## Women's Pole Vault

\_\_\_\_\_ (Starting Height)

\_\_\_\_\_ (Starting Height)

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\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

Please fax this to Mellanee Welty at (352) 373-1432 by Monday, May 11<sup>th</sup>

# COACHES DINNER/MEETING RESERVATION FORM

Team: \_\_\_\_\_

Name & Title

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

\* A Maximum of 10 people per institution may attend the Coaches' Dinner on Wednesday, May 13<sup>th</sup>.

Please fax this form to Mike Spiegler at (352) 384-2725 by Monday, May 11<sup>th</sup>

# James G. Pressly Stadium at Percy Beard Track

## Directions FROM ORLANDO (114 miles):

- TAKE SR-528/BEE LINE WEST TO FLORIDA TURNPIKE
- TAKE TURNPIKE TURNS INTO I-75 NORTH
- TAKE I-75 NORTH TO EXIT 76 / 387 (NEWBERRY RD/RTE 26)
- TURN RIGHT AT LIGHT (NEWBERRY ROAD/RTE 26) GO EAST -6 MILES
- STAY IN RIGHT LANE, VEER RIGHT ONTO RTE 26A/SW 2ND AV.
- CONTINUE PASSED SW 34TH ST - GOLF COURSE IS ON YOUR RIGHT
- TURN RIGHT ONTO WOODLAWN DR. (JUST PAST TENNIS COMPLEX)
- JAMES G. PRESSLY STADIUM AT PERCY BEARD TRACK IS ON YOUR LEFT.

## FROM JACKSONVILLE (73 miles):

- TAKE I-10 WEST TO US-301 SOUTH (BALDWIN/STARKE)
- TAKE US-301 S TO WALDO
- VEER RIGHT ON FL-24 WEST BECOMING WALDO ROAD
- TURN RIGHT -UNIVERSITY AVE. UNTIL THE FOOTBALL STADIUM.
- TURN LEFT AT LIGHT (GALE LEMERAND DRIVE)
- TURN RIGHT AT NEXT LIGHT (STADIUM ROAD)
- JAMES G. PRESSLY STADIUM AT PERCY BEARD TRACK IS ON YOUR RIGHT

## FROM ATLANTA (330 miles):

- TAKE I-75/I-85 SOUTH TO EXIT 76 / 387 (NEWBERRY ROAD/RTE 26)
- TURN RIGHT AT LIGHT (NEWBERRY ROAD/RTE 26) GO EAST -6 MILES
- STAY IN RIGHT LANE, VEER RIGHT ONTO RTE 26A/SW 2ND AV.
- GO THRU SW 34TH ST INTERSECTION- GOLF COURSE IS ON YOUR RIGHT
- TURN RIGHT ONTO WOODLAWN DR. (JUST PAST TENNIS COMPLEX)
- JAMES G. PRESSLY STADIUM AT PERCY BEARD TRACK IS ON YOUR LEFT

## FROM TAMPA (132 miles):

- TAKE I-75 NORTH
- TAKE I-75 NORTH TO EXIT 76 / 387 (NEWBERRY RD/RTE 26)
- TURN RIGHT AT LIGHT (NEWBERRY ROAD/RTE 26) GO EAST -6 MILES
- STAY IN RIGHT LANE, VEER RIGHT ONTO RTE 26A/SW 2ND AV.
- GO THRU SW 34TH ST INTERSECTION- GOLF COURSE IS ON YOUR RIGHT
- TURN RIGHT ONTO WOODLAWN DR. (JUST PAST TENNIS COMPLEX)
- JAMES G. PRESSLY STADIUM AT PERCY BEARD TRACK IS ON YOUR LEFT

## **Directions to Shands Hospital**

From the James G. Pressly Stadium parking lot, turn left onto Woodlawn Drive. Follow Woodlawn to the stop sign, then turn left onto Stadium Road. At the intersection of Stadium Road and Gale Lemerand Drive, turn right and drive south. At the 3<sup>rd</sup> street light (Archer Road) turn left and Shands Hospital will be a mile down on the left side of the road.

PLAYER GUEST SIGNATURE LIST

2009 SEC Men's and Women's Outdoor Track & Field Championships

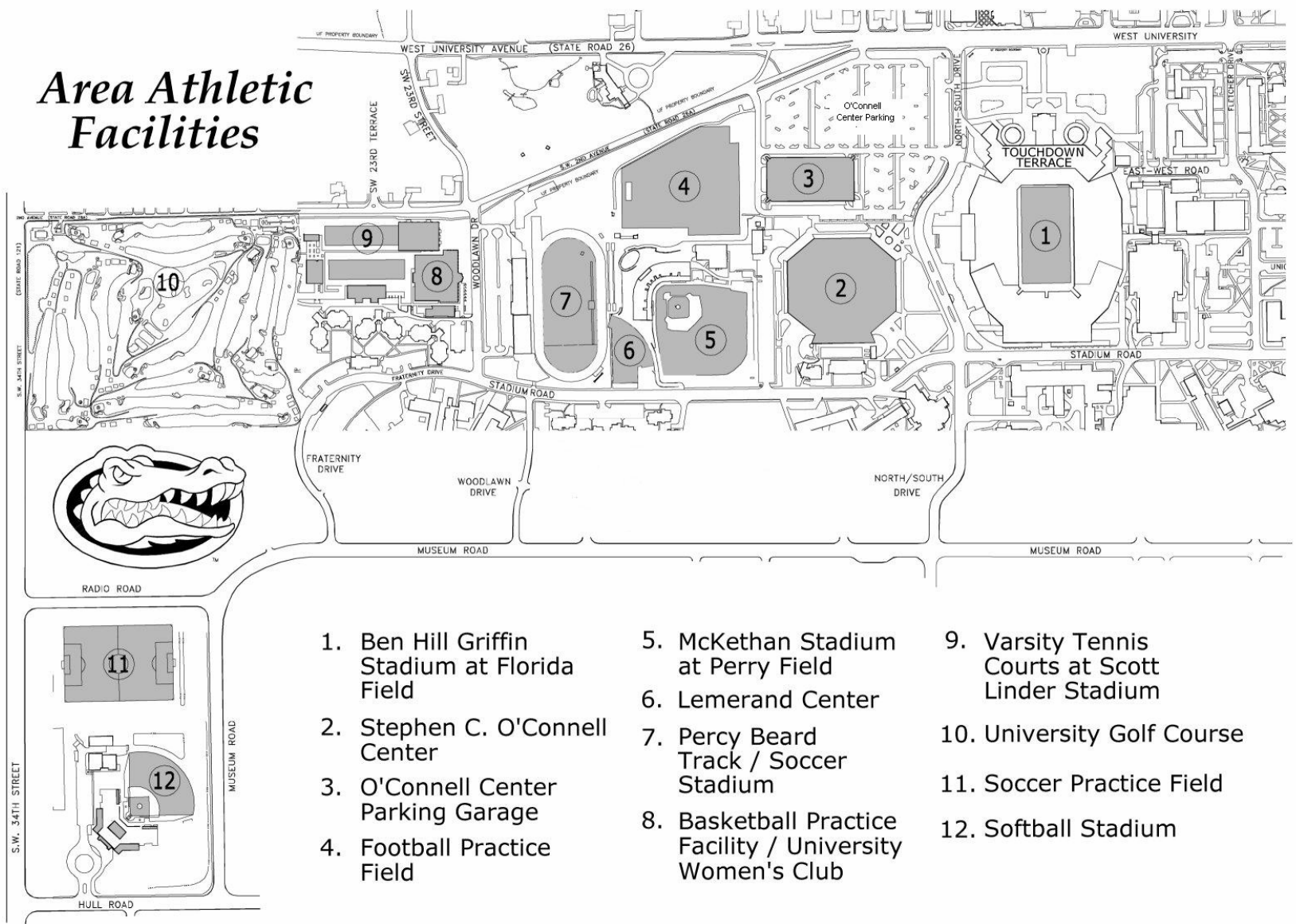
TEAM: \_\_\_\_\_

Host: University of Florida, Gainesville, FL

I received a complimentary admission from the student-athlete named below. By signing this form, I certify that I did not, nor do I plan to, pay or give anything of value to the student-athlete in exchange for the complimentary admission. Please fax to Mark Gajda, UAA Ticket Office at 352/372-5801 by Monday, May 11<sup>th</sup>.

Player Name		Name of Guest(s)	Given To	Borrowed From	Signature
	1				
	2				
	3				
	4				
	1				
	2				
	3				
	4				
	1				
	2				
	3				
	4				
	1				
	2				
	3				
	4				

# Area Athletic Facilities



- |  |   |  |
|--|---|--|
| 1. Ben Hill Griffin Stadium at Florida Field | 5. McKethan Stadium at Perry Field                        | 9. Varsity Tennis Courts at Scott Linder Stadium |
| 2. Stephen C. O'Connell Center               | 6. Lemerand Center  | 10. University Golf Course                       |
| 3. O'Connell Center Parking Garage           | 7. Percy Beard Track / Soccer Stadium                     | 11. Soccer Practice Field                        |
| 4. Football Practice Field                   | 8. Basketball Practice Facility / University Women's Club | 12. Softball Stadium                             |

## AREA HOTEL LIST

Best Western Gateway Grand  
4200 NW 97 Blvd.  
Gainesville, FL 32606  
1-800-528-1234/352-331-3336  
152 Rooms, suites available.  
Pool, fitness room, meeting  
rooms, continental breakfast  
Included.

Cabot Lodge  
3726 SW 40<sup>th</sup> Blvd.  
Gainesville, FL 32608  
1-800-843-8735/352-375-2400  
208 Rooms.  
Pool, fitness center, meeting room,  
handicapped accessible, continental breakfast  
included.

Holiday Inn Express  
3905 SW 43<sup>rd</sup> Street  
Gainesville, FL 32608  
352-376-0004  
115 Rooms. Pool, fitness center,  
Breakfast included.

Comfort Inn West  
3440 SW 40 Blvd.  
Gainesville, FL 32608  
1-800-228-5150/352-264-1771  
83 Rooms, 11 Suites.  
Refrigerator & microwave in room.  
Pool, fitness center, meeting room,  
Continental breakfast included.

Hampton Inn  
4225 SW 40 Blvd.  
Gainesville, FL 32608  
1-800-426-7866/352-371-4171  
105 Rooms.  
Handicapped accessible. Continental  
Breakfast included.

SpringHill Suites by Marriott  
4155 SW 40 Blvd.  
Gainesville, FL 32608  
352-376-8873  
126 Rooms, suites available, breakfast  
included, pool, fitness center, business  
center, meeting rooms.

Holiday Inn University Center  
1250 West University Ave.  
Gainesville, FL 32601  
1-800-465-4329/352-376-1661  
165 rooms.  
Pool, restaurant, car rental, Handicapped  
accessible rooms, shuttle available.

Paramount Plaza  
2900 SW 13 Street  
Gainesville, FL 32608  
1-800-325-3535/352-377-4000  
197 Rooms.  
Pool, fitness center, meeting rooms,  
restaurant, shuttle available.

Hilton Hotel & Conference Center  
1714 SW 34 Street  
Gainesville, FL 32607  
352-371-3600.  
248 Rooms, suites.  
Meeting rooms, pool, fitness center,  
restaurant, shuttle services.

Courtyard by Marriott  
3700 SW 42 Street  
Gainesville, FL 32608  
1-800-321-2211/352-335-9100  
81 Rooms, suites, meeting rooms,  
pool, fitness center, handicapped  
Accessible rooms available.

# 2009 SOUTHEASTERN CONFERENCE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Heptathlon Entry Form  
May 15<sup>th</sup> – 17<sup>th</sup>, 2009

Athletes Name \_\_\_\_\_ Year of Eligibility: Fr – So – Jr – Sr

Team \_\_\_\_\_

- Please enter season best marks (2009 Outdoor season) for each event. SEC Entry performances may have been achieved in a combined or open event.
- Please use metric measurements and electronic times
- If the entered athlete has not competed in a particular event during the 2009 outdoor season you must enter NM (no mark) or NT (no time) designation.

## Heptathlon Events

100m Hurdles \_\_\_\_\_

High Jump \_\_\_\_\_

Shot Put \_\_\_\_\_

200m \_\_\_\_\_

Long Jump \_\_\_\_\_

Javelin \_\_\_\_\_

800m \_\_\_\_\_

Fax this Entry Form by 12:00n (Eastern Time) Wednesday, May 12<sup>th</sup>.

**Fax 352-373-1432**

Coach's signature \_\_\_\_\_ Date \_\_\_\_\_

# 2009 SOUTHEASTERN CONFERENCE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Decathlon Entry Form  
May 15<sup>th</sup> – 17<sup>th</sup>, 2009

Athletes Name \_\_\_\_\_ Year of Eligibility: Fr – So – Jr – Sr

Team \_\_\_\_\_

- Please enter season best marks (2009 Outdoor season) for each event. SEC Entry performances may have been achieved in a combined or open event.
- Please use metric measurements and electronic times
- If the entered athlete has not competed in a particular event during the 2009 outdoor season you must enter NM (no mark) or NT (no time) designation.

## Decathlon Events

100m \_\_\_\_\_

110m Hurdles \_\_\_\_\_

Long Jump \_\_\_\_\_

Discus \_\_\_\_\_

Shot Put \_\_\_\_\_

Pole Vault \_\_\_\_\_

High Jump \_\_\_\_\_

Javelin \_\_\_\_\_

400m \_\_\_\_\_

1500m \_\_\_\_\_

Fax this Entry Form by 12:00n (Eastern Time) Wednesday, May 12<sup>th</sup>.

**Fax 352-373-1432**

Coach's signature \_\_\_\_\_ Date \_\_\_\_\_