

2004 University of Florida Men's Track and Field Indoor Performance Chart

Event (NCAA Prov.; Auto) Athlete (Lifetime Best)

Season Best (Date)

400m (P: 47.25; A: 46.15)

High Jump (P: 2.17m; A: 2.23m)

Michael Morrison (7-4.5)hs	2.21m/7-3.00 (2/29)
Joe Squitieri (7-5)	2.21m/7-3.00 (2/29)
Jordan Davis (6-8.75)	2.05m/6-8.75 (2/29)
Jay Lindsay (6-8.75)	2.05m/6-8.75 (2/29)
Alex Harris (6-8.75)	2.05m/6-8.75 (2/29)

Kerron Clement (45.90)	45.90 (3/13)
Rickey Harris (45.78)	46.34 (3/12)
Reggie Witherspoon (46.11)hs	46.51 (2/29)
Stefan Pastor (46.68)	46.68 (2/28)
Sekou Clarke (47.24)	46.93c (3/6)

Pole Vault (P:5.30m; A:5.50m)

Chip Heuser (17-6.50)	5.35m/17-6.50 (2/1)
Paul Condron (17-8.50)	5.32m/17-5.50 (2/29)
Garrett Penton (16-2.75)	4.80m/15-9.00 (2/13)
Colin Whyte (15-3)	4.65m/15-3 (2/1)

800m (P: 1:50.20; A: 1:48.30)

Moise Joseph (1:47.73)	1:48.19 (2/13)
Shane Stroup (1:50.45)	1:50.45c (2/1)

Long Jump (P: 7.55m; A: 7.85m)

Mike Morrison (25-7.50)	7.81m/25-7.50 (3/12)
Alex Harris (25-0.50)	7.58m/24-10.50 (3/6)

Mile (P: 4:04.90; A: 3:59.30)

Shane Stroup (4:02.07)	4:02.07c (1/25)
Moise Joseph (4:03.32)	4:04.88c (1/25)
Steve Zieminski (4:06.58)	4:06.58c (1/25)
Cory Presnick (4:20.42)	4:20.42c (1/25)

Triple Jump (P: 15.60m; A: 16.30m)

Alex Harris (49-11)	14.68m/48-2.00 (2/29)
Richard Lawrence (48-3.50)	14.43m/47-4.25 (1/17)

3,000m (P: 8:08.00; A: 7:56.00)

Steve Zieminski (8:09.70)	8:10.56 (2/28)
Daniel Parker (8:12.59)	8:12.59 (2/28)
Cory Presnick (8:26.65)	8:26.65c (2/1)
Moise Joseph (8:27.32)	8:27.32c (1/17)
Brent Schneider (8:35.90)	8:35.90c (1/25)

Shot Put (P: 17.75m; A: 19.50m)

Ryan McIntyre (59-4.25)	18.09m/59-4.25 (2/28)
Jeff Rubenstein (60-1.75)	16.94m/55-7.00 (2/28)
Jet Theriac (55-6)hs	15.82m/51-11.00 (2/28)
Jeff Hoffman (50-0)hs	14.20m/46-7.25 (2/1)
Steve Long (41-2.50)	12.56m/41-2.50 (1/25)

5,000m (P: 14:15.00; A: 13:53.10)

Cory Presnick (14:41.93)	14:41.93 (2/13)
Brent Schneider (14:49.47)	14:49.47 (2/13)

Weight Throw (P: 19.50m; A: 21.35m)

Antonio Emperor (68-5.25)	*20.86m/68-5.25 (3/6)
Ryan McIntyre (60-2.00)	18.34m/60-2.00 (2/29)
Jet Theriac (53-6.50)	16.32m/53-6.50 (1/17)
Austin Barnett (51-7.75)	15.74m/51-7.75 (2/1)
Jeff Hoffman (49-8.50)	15.15m/49-8.50 (1/17)
Steve Long (44-8.25)	13.62m/44-8.25 (1/17)

4x400m Relay (P: 3:10.40; A: 3:06.90)

Florida A (Witherspoon, Harris, Pastor, Clement)	*3:04.69 (3/13)
Florida A (Clarke, Witherspoon, Harris, Clement)	3:06.27c (2/1)
Florida (Clarke, Farmer, Harris, Clement)	3:09.36 (2/14)

55m (P: 6.25; A: 6.15)

Ahmad Jasmine (6.23)	6.28 (1/17)
Kyle Farmer (6.28)	6.33 (1/25)

DMR (P: 9:45.75; A: 9:35.00)

Florida (Stroup, Clement, Joseph, Zieminski)	9:34.86c (3/6)
Florida A (Stroup, Pastor, Joseph, Zieminski)	9:42.49 (2/29)

55m hurdles (P: 7.39; A: 7.18)

Josh Walker (7.17)	7.17 (1/25)
Kerron Clement (7.29)	7.29p (1/25)
Dwight Ruff (7.28)	7.28 (3/6)
Rickey Harris (7.29)	7.42p (1/25)

60m (P: 6.72; A: 6.62)

Kyle Farmer (6.77)	6.77 (2/28)
Ahmad Jasmine (6.62)	6.79 (2/6)

60m hurdles (P: 7.95; A: 7.70)

Josh Walker (7.67)	*7.67 (2/13)
Kerron Clement (7.80)	7.80 (2/28)
Rickey Harris (7.85)	7.85 (2/13)
Dwight Ruff (8.13)	7.95 (3/12)

200m (P: 21.25; A: 20.85)

Kyle Farmer (20.57)	20.57 (3/13)
Kerron Clement (21.04)	21.04 (2/28)
Reggie Witherspoon (21.14)hs	21.16 (2/13)
Ahmad Jasmine (21.33)	21.24c (3/6)
Sekou Clarke (21.49)	21.49c (1/17)
Rickey Harris (21.60)	21.60c (1/25)
Dwight Ruff (21.67)	21.67c (1/25)

1/10 - Pole Vault Summit (Reno, Nv.)
 1/17 - Florida Intercollegiate (Gainesville, Fla.)
 1/25 - SEC Invitational (Gainesville, Fla.)
 2/1 - Gator Invitational (Gainesville, Fla.)
 2/6 - Millrose Games (New York, NY)
 2/13-14 - Tyson Invitational (Fayetteville, Ark.)
 2/28-29 - SEC Indoor Championships (Lexington, KY)
 3/6 - Fast Times Qualifier (Gainesville, Fla.)
 3/12-13 - NCAA Indoor Championships (Fayetteville, Ark.)
 c - converted to 200m banked time
 * - school record

2004 University of Florida Men's Track and Field Outdoor Performance Chart

Event (NCAA Regional Qualifying Mark) Athlete (Personal Best)	Season Best (Date)	4x200m Relay Florida A (Clarke, Farmer, Witherspoon, Clement)	1:22.57 (3/26)
100 Meters (10.50) Kyle Farmer (10.29) Ahmad Jasmine (10.35)	10.32 (5/2) 10.35 (5/2)	4x400-Meter Relay (3:10.84) Florida A (Clarke, Witherspoon, Pastor, Clement) Florida A (Clarke, Witherspoon, Ruff, Clement) Florida B (Clarke, Witherspoon, Morrison, Clement) Florida A (Clarke, Harris, Ruff, Clement) Florida A (Clarke, Harris, Clement, Morrison) Florida A (Pastor, Farmer, Ruff, Harris) Florida A (Pastor, Morrison, Clement, Joseph)	3:01.10 (4/24) 3:03.09 (5/16) 3:03.18 (3/27) 3:04.50 (6/10) 3:04.71 (6/12) 3:05.59 (3/27) 3:09.24 (5/2)
200 Meters (21.19) Kyle Farmer (20.41) Kerron Clement (20.82) Ahmad Jasmine (20.82) Sekou Clarke (20.87) Reggie Witherspoon (21.24) Mike Morrison (21.33) Alex Harris (22.29)	20.41 (5/28-29) 20.82 (4/10) 20.83 (5/2) 20.87 (5/2) 21.24 (5/16) 21.33 (3/26) 22.29 (3/26)	4x800m Relay Florida A (Garcia, Stroup, Zieminski, Joseph)	7:24.68 (3/26)
400 Meters (47.26) Rickey Harris (44.84) Reggie Witherspoon (45.53) Sekou Clarke (45.85) Kerron Clement (46.83) Stefan Pastor (46.85) Moise Joseph (47.93)	45.23 (5/16) 45.53 (5/16) 45.85 (5/28-29) 46.83 (4/10) 46.85 (5/15) 48.74 (3/26)	4x1500m Relay Florida A (Parker, Hassen, Zieminski, Stroup)	15:46.68 (3/25)
800 Meters (1:50.62) Moise Joseph (1:45.74) Shane Stroup (1:50.96) Andrew Martin (1:51.46) Brandon Saltmarsh (1:52.26)	1:46.76 (5/2) 1:50.96 (5/2) 1:51.46 (5/2) 1:52.26 (5/2)	High Jump (2.10m) Mike Morrison (7-4.50) Joe Squitieri (7-2.50) Jordan Davis (6-6.75) Alex Harris (6-4.75) Jay Lindsay (6-8)	2.19m/7-2.25 (4/24) 2.10m/6-10.75 (3/27) 2.00m/6-6.75 (4/10) 1.95m/6-4.75 (3/27) 1.95m/6-4.75 (3/27)
1.500 Meters (3:48.21) Shane Stroup (3:46.74) Moise Joseph (3:48.12) Steve Zieminski (3:45.21) Andrew Martin (3:59.45) Brandon Saltmarsh (4:03.65)	3:46.74 (5/16) 3:48.12 (5/16) 3:49.25 (5/2) 3:59.45 (3/25) 4:03.65 (3/25)	Pole Vault (5.00m) Paul Condron (17-8.75) Chip Heuser (17-5)hs Garrett Penton (16-0.75) Dan Shaffer (15-5) Colin Whyte (15-00.25)	5.25m/17-2.75 (4/23) 5.15m/16-10.75 (4/10) 4.90m/16-0.75 (5/16) 4.70m/15-5.00 (5/2) 4.58m/15-00.25 (4/3)
Mile Shane Stroup (4:07.88) Moise Joseph (4:13.47)	4:07.88 (4/24) 4:13.47 (4/3)	Long Jump (7.34m) Mike Morrison (25-10.25) Alex Harris (24-7.25)	7.88m/25-10.25 (6/10) 7.50m/24-7.25 (5/28-29)
3,000-Meter Steeplechase (9:08.15) Steve Zieminski (8:40.74) Daniel Parker (8:54.38) Adam Sisler (9:18.26) Jose Garcia (9:21.12)	8:47.32 (5/28-29) 8:54.38 (5/28-29) 9:18.26 (5/2) 9:21.12 (5/2)	Triple Jump (15.08m) Alex Harris (48-0.75) Richard Lawrence (49-2.25)	14.65m/48-0.75 (5/16) 14.20m/46-7.25 (4/3)
5,000 Meters (14:18.58) Steve Zieminski (14:16.01) Steven Hassen (14:31.33) Daniel Parker (14:09.04) Brent Schneider (14:41.40) Cory Presnick (14:48.61) Shane Stroup (14:51.93) Alex Phipps (14:52.56)	14:22.22 (5/16) 14:31.33 (4/22) 14:32.85 (3/25) 14:41.40 (3/25) 14:48.61 (4/22) 14:51.93 (5/15) 14:52.56 (4/10)	Shot Put (16.47m) Ryan McIntyre (61-00.75) Jeff Rubenstein (57-4.75) Jet Theriac (55-6)hs Jeff Hoffman (50-0)hs	18.61m/61-00.75 (5/28-29) 16.71m/54-10.00 (4/3) 15.34m/50-04.00 (3/19) 13.23m/43-5.00 (4/3)
10,000 Meters (29:00.00/29:45.00) Cory Presnick (30:39.36) Steve Hassen (31:25.50) Brent Schneider (31:31.54) Alex Phipps (31:37.22)	30:39.36 (3/25) 31:25.50 (5/14) 31:31.54 (4/22) 31:37.22 (3/25)	Discus (51.37m) Ryan McIntyre (193-5) Steven Long (162-8) Jeff Hoffman (166-7) Jet Theriac (182-6)hs Jeff Rubenstein (154-11)	58.95m/193-05 (4/23) 48.54m/159-3 (5/2) 47.53m/155-11 (3/20) 47.62m/156-3 (5/2) 43.87m/143-11 (5/2)
110-Meter Hurdles (14.33) Josh Walker (13.32) Kerron Clement (13.48)hs Rickey Harris (14.01) Dwight Ruff (14.39)	*13.32 (6/11) 13.78 (5/28-29) 14.22 (3/26) 14.74 (3/26)	Javelin (61.62m) Tim Skeper (206-5) Eric Wilbur (146-6)	58.61m/192-03 (5/15) 44.65m/146-6 (5/2)
400-Meter Hurdles (52.51) Kerron Clement (48.77) Rickey Harris (48.16) Dwight Ruff (49.97) Josh Walker (52.75)	48.77 (5/16) 49.45 (5/28-29) 49.97 (5/16) 52.75 (5/2)	Hammer (55.63m) Antonio Emperor (195-8) Ryan McIntyre (192-8) Austin Barnett (167-2) Jet Theriac (157-11)	59.64m/195-08 (5/28-29) 58.72m/192-8 (5/14) 51.01m/167-4 (4/2) 48.15m/157-11 (5/2)
4x100-Meter Relay (40.66) Florida A (Jasmine, Morrison, Farmer, Clarke) Florida A (Farmer, Morrison, Clarke, Clement) Florida A Florida A (Jasmine, Farmer, Witherspoon, Clarke)	39.09 (5/28-29) 39.11 (6/11) 39.73 (4/10) 39.76 (4/3)		3/19-20 - FSU Relays (Tallahassee, Fla.) 3/24-27 - Florida Relays (Gainesville, Fla.) 4/1-3 - Texas Relays (Austin, Texas) OR USF Invitational (Tampa, Fla.) 4/10 - Sun Angel Classic (Tempe, Ariz.) 4/22-24 - Penn Relays (Philadelphia, Pa.) 5/2 - FSU Dual (Gainesville, Fla.) 5/13-16 - SEC Outdoor Championships (Oxford, Miss.) 5/28-29 - NCAA East Region Championship (Gainesville, Fla.) 6/10-12 - NCAA Outdoor Championship (Austin, Texas) * - school record
4x110m Shuttle Hurdle Relay Florida A (Clement, Harris, Ruff, Walker)	*54.76 (3/27)		