

GATORS

COACHES AND STAFF



MIKE HOLLOWAY ENTERS HIS SECOND SEASON AS HEAD COACH OF THE COMBINED MEN'S AND WOMEN'S TRACK AND FIELD PROGRAMS AT UF AND HIS 14TH SEASON OVERALL WITH THE GATORS. WITH A GROUP OF ASSISTANTS WHO ARE EXPERTS IN THEIR INDIVIDUAL AREAS, FLORIDA BOASTS ONE OF THE NATION'S TOP COACHING STAFFS.

FLORIDA

MIKE HOLLOWAY HEAD COACH

14TH SEASON AT FLORIDA (SEVENTH AS HEAD COACH)

SECOND SEASON AS HEAD MEN'S AND WOMEN'S TRACK & FIELD COACH



When Florida athletics director Jeremy Foley announced that the Gator track and field program would become a combined men's and women's program on June 19, 2007, there was no better fit than men's track and field head coach and lifelong Gainesville resident Mike Holloway.

Holloway, who became the first person in school history to assume the title of head men's and women's track and field coach, directs a Florida men's track and field program that boasts more than 400 All-America honors, 31 NCAA titles, and 25 top-10 finishes at NCAA meets. He is now in his second season taking the reins of a storied women's program that won the 1992 NCAA Indoor Championship and has posted a combined 26 top-10 finishes at the NCAA Indoor and Outdoor Championships. The UF women have also captured nine Southeastern Conference crowns in their 36-year history.

Numbers like those prove that the Gators are one of the most dominating track and field programs in NCAA history, and Holloway is a tremendous reason why Florida is synonymous with the top teams in the nation. In his five seasons as head men's coach, he oversaw seven individual and relay NCAA titles, four runner-up finishes at NCAA Championships and two NCAA East Regional titles.

Those figures don't even take into account his seven seasons as one of the top sprint and hurdle assistant coaches in the country. In his 13 seasons at Florida, Holloway has guided athletes to the following accomplishments:



- Indoor 400m world record holder (Kerron Clement — 44.57)
- Collegiate 400m hurdles record holder (Kerron Clement — 47.56)
- Collegiate indoor 4x400m relay record holders (3:03.51)
- No. 2 all-time American 4x100m relay (38.35)
- No. 2 all-time 200m indoor and No. 3 outdoor collegian (John Capel — 20.26, 19.87)
- No. 3 all-time 100m American collegian (Bernard Williams — 9.99)
- No. 4 all-time collegiate shuttle hurdle relay (54.76)
- No. 5 all-time collegian 110m hurdler (Josh Walker — 13.32)
- No. 5 all-time collegian 400m hurdler (Rickey Harris — 48.16)

That's a lifetime of coaching honors, and Holloway's done it in just a baker's dozen years.

Holloway, who was named Florida's men's track and field head coach in 2002 after serving as an assistant at UF since 1995, is one of the premier sprint coaches in today's track and field world, and has developed the Florida men into one of the top collegiate sprint programs in America since he took control of the reins in 1995. He's coached athletes to 12 NCAA titles in the last 13 years, and 14 school records in the 12 indoor and outdoor events 400 meters and below have been set under his watch - easily providing a glimpse of Holloway's impact on the program.

The list of accolades and accomplishments his athletes have earned at both the professional and collegiate levels is staggering and continues to grow with each successive year. Holloway was in Osaka, Japan, with former Gator Kerron Clement for the 2007 IAAF World Outdoor Championships when the latter won gold in the 400mH, claiming just the second individual world track championship by an athlete with ties to the UF men's program. In 2005, he guided Clement, then a 19-year-old phenom, to a world record in the indoor 400m (44.57), as Michael Johnson's 10-year-old record fell. Later in the year, Clement won the U.S. Outdoor Track & Field Championships title in the 400m hurdles with the fastest time run in the event since 1998 (47.24) before he claimed his second-straight U.S. 400m hurdle title in 2006. In 2004, four current or former Holloway-coached athletes competed in the Olympics, with former Gator Bernard Williams earning a silver medal in the 200m. In addition, Clement set a record in the 400m hurdles at the 2004 World Junior Championships. In all, nearly 15 athletes who have trained under Holloway participated at the U.S. Olympic Trials.

In his first year of the men's and women's combined program, each of his team placed in the top 10 at the NCAA Indoor Championships for the first time in Florida history. The women's team also finished in the top 10 at both the indoor and outdoor championships for the 10th time in program history. Mike Morrison became the first UF athlete to earn multi-event All-America honors, while Rebecca Lowe was named SEC Outdoor Freshman Runner of the Year. Twenty-three athletes (14 men, nine women) earned 37 All-America honors. Nine men were named to the All-SEC team (11 honors), while 11 women earned 13 honors. Holloway coached the men to a runner-up finish at the NCAA East Regionals and the women to a third-place spot.

THE MIKE HOLLOWAY FILE

Hometown: Columbus, Ohio

Education: Bachelor of Arts in History, University of Florida, 2000

COACHING CAREER

1983-84, Assistant Coach, Gainesville High School; 1986-87, Graduate Assistant Women's Coach, Florida; 1985-94, Head Coach, Buchholz High School; 1995-2002, Associate Head Men's Coach, Florida; 2002-2007, Head Men's Coach, Florida; 2007-Present, Head Men's and Women's Coach, Florida.

TEAM ACCOMPLISHMENTS

Florida - 2004, 2003 NCAA East Regional Championship; 2004 SEC Indoor Championship
Buchholz High School - eight Florida state team championships, three-time boys state champions in 1995, the first coach to win the boys and girls state championships simultaneously, 14 regional, 19 county and 17 district titles.

CAREER TOTALS (HEAD COACH)

UF: 13 National Champions; 47 All-Americans; 141 All-America Honors

Buchholz: 50 All-State individuals; 25 cross country individual All-State runners; 10 athletes went on to compete in collegiate track and field.

1996 Olympic Qualifiers: 1 (two competed at the U.S. Olympic Trials)

2000 Olympic Qualifiers: 1 (seven competed at the U.S. Olympic Trials)

2004 Olympic Qualifiers: 4 (10 competed at the U.S. Olympic Trials)

2008 Olympic Qualifiers: 1 (four competed at the U.S. Olympic Trials)

TOP ATHLETES

John Capel (2005 World Championships 200m Bronze Medalist, 2003 200m, 4x100m Relay World Champion, 2000 Olympic 200m Finalist, 200m U.S. Olympic Trials Champion, 200m NCAA Champion, SEC Champion); **Kerron Clement** (Indoor 400m World Record Holder, 2007 World Championships 400mH Gold Medalist, 2005 and 2006 400m Hurdles U.S. Champion, two-Time 400m Hurdles NCAA Champion); **Mark Everett** (Three-Time U.S. Olympian); **Rickey Harris** (2002 400m Hurdles NCAA Champion, 2001 Indoor 400m NCAA Champion); **Stephen Jones** (110m Hurdles Barbados National Champion, IAAF World Championships Qualifier); **Tyrone Kemp** (Eight-Time All-American; Coached at Buchholz High School); **Dennis Mitchell** (Olympic Gold Medalist, Four-Time Olympic Medalist, Three-Time Olympian, Two-Time World Championships 4x100m Gold Medalist, two-Time World Championships 100m Bronze Medalist); **Josh Walker** (2005, 2004 110m Hurdles NCAA Champion); **Bernard Williams** (2004 200m Olympic Silver Medalist, 2003 4x100m Relay World Champion); **2005 Indoor NCAA Champion 4x400 relay team** (Sekou Clarke, Bernard Middleton, Stefan Pastor, Kerron Clement); **2004 Outdoor NCAA Champion 4x100 relay team** (Ahmad Jasmine, Mike Morrison, Kyle Farmer, Sekou Clarke); **2000 NCAA Champion 4x100 relay team** (Daymon Carroll, Bernard Williams, Aaron Armstrong, Geno White); **Women's World Record Setting and National Champion 4x800 relay team** (Sandra Braasch, Sonja Braasch, Chris Crowther, Susan Nash)

ATHLETE IMPROVEMENT

Athlete	Event	High School PR	Florida PR
Paul Brown	110mH	14.80	13.94
John Capel	100m	10.40	10.03
	200m	21.04	19.87
Daymon Carroll	100m	10.53	10.17
	200m	21.24	20.56
Chris Carswell	110mH	15.18	13.88
Kerron Clement	400mH	49.77	47.24
Gerald Clevil	200m	21.95	20.77
	400m	49.80	45.71
Kyle Farmer	100m	10.65	10.29
	200m	21.15	20.41
Jeremy Hall	100m	10.44	10.17
Rickey Harris	400m	46.21	44.84
	400mH	50.07	48.16
Adrain Mann	400mH	52.83	49.38
Willie Perry	100m	10.53	10.12
	200m	21.33	20.42
Dwight Ruff	400mH	50.37	49.50
Calvin Smith	400m	46.17	45.04
Josh Walker	110mH	14.19	13.32
Terrell Wilks	100m	10.48	10.19

FLORIDA

MIKE HOLLOWAY HEAD COACH



Holloway's success in his five seasons at the helm of the Florida men's program shouldn't come as a surprise, especially considering the fact that Holloway's athletes or relay teams have won 12 NCAA titles. Current or former Florida athletes who have worked under Holloway hold or have set the indoor 400m world record, the 400m hurdle collegiate record, the indoor 4x400m collegiate record, equaled the collegiate records in the indoor and outdoor 200 meters, run the third-best 100-meter American collegiate time ever and the fifth-best 4x100-meter relay clocking of all time, which is also the second-fastest American collegiate time in history.

All of that happened within just the last nine years, and after Josh Walker's sixth-place finish in the 110m hurdles at the 2003 NCAA Outdoor Championships, Holloway reached a coaching milestone, having tutored an All-American in every sprint and hurdle event. Walker and Clement also became the first tandem from the same school ever to sweep the NCAA 110m hurdle and 400m hurdle titles in the same season in 2004, and they repeated their feat in 2005.

After being named head coach of the Gator men's track & field program following the 2002 season, Holloway quickly set out to instill in the rest of the athletes the same philosophy and work ethic that has made his sprinters so successful. As a result, the Florida men won the 2003 NCAA East Regional team title, finished second at the 2003 SEC Indoor Championships and were sixth at the 2003 NCAA Outdoor Championships. For his efforts at the East Regional meet, Holloway was named the East Region Coach of the Year.

In 2004, Holloway coached UF to runner-up finishes at all five championship meets (NCAA indoors and outdoors, SEC indoors and outdoors and the NCAA East Regional), while his

athletes claimed six SEC titles, three NCAA titles and earned 31 All-America honors that year. Things kept chugging right along in 2005, when the Gators duplicated their efforts from 2004 by taking second at all five championship meets. Florida racked up 27 All-America honors, four NCAA titles and seven SEC crowns along the way. In 2006, Holloway mentored a pair of Gator freshmen, guiding them to monumental achievements, as Jeremy Hall became the first freshman in more than 30 years to claim the SEC 60m title and Calvin Smith earned indoor All-America honors in the 400m before going on to achieve the same feat

outdoors. The latter also became just the second athlete in school history to win the SEC outdoor 400m crown as a freshman.

Holloway's tenure as an assistant coach, however, was no less decorated than his time at the head of the men's program. He added the first individual national title to his list of accomplishments in 1999, and by the end of the 2000 season, he had added two more national championships in events Florida had never been able to win before: the 100m and the 4x100m relay. In 2001, Florida was one of only two schools to have at least one athlete qualified for the NCAA Championship meet in every



FLORIDA

MIKE HOLLOWAY HEAD COACH

event 800m and lower. This all came just months after freshman Rickey Harris ran a then-school-record 45.78 to win the NCAA Indoor 400m championship. Harris' time was the third-fastest in the world during the season and claimed Florida's first indoor individual national title since 1990. In 2002, Harris won the 400m hurdles championship at the NCAA outdoor meet, giving UF its first-ever title in the event and becoming the first double NCAA champion under Holloway. Harris set a then-school record in the process and his time of 48.16 ranked as the third-fastest final time in meet history. He then went on to finish second in the 400m dash, becoming the second male athlete in NCAA history to earn All-America honors in both events in the same year, and the first to do so since 1963.

Holloway's reputation as a sprint coach was solidified before then, though. One need not look further than his squad's performance at the 2000 NCAA Outdoor Championships, when his athletes won two national titles and scored a school-record 42 points by themselves. The Gators' 4x100m squad cruised to the fastest time ever by a collegiate squad that included a lineup comprised solely of American citizens, and earned the school's first national championship in the event. Bernard Williams capped an astounding first season at the NCAA Division I level with Florida's first 100m national title. Earlier in the year at the 2000 NCAA indoor meet, sophomore John Capel equaled the American and collegiate record of 20.26 in the 200m. He was the only collegian to break the 20-second barrier that year and finished with the second-fastest time in the world before eventually making the 2000 U.S. Olympic Team.

Holloway began setting the foundation for the Gators' emergence on the national sprint scene from his first year as a coach during the 1996 season. Since then, sprinters have earned 150 of the 214 All-America honors bestowed on the Florida track and field team, including an award in every sprint event - indoors and out.

Also boasting international experience, Holloway served as the head coach of the U.S. team at the NACAC Under-23 Championships in 2004, where American athletes guided by Holloway combined to win 27 of the 40 events.

In addition to how his athletes fared at the 2004 Olympics, Capel won the gold medal in the 200m and was the leadoff leg of the gold-medal winning 4x100m relay team that also included former Gator Bernard Williams at the 2003 World Championships in Paris.

At the 2000 U.S. Olympic Trials, Holloway-coached prodigies won both semifinal heats of the 200m before Capel grabbed the victory in one of the most anticipated track match-ups in the preceding four years. Capel defeated world record holder Michael Johnson and "the fastest man in the world," Maurice Greene, not only in the finals but also in the preceding semis to earn the top 200m spot on America's team for the Sydney Olympic Games.

Florida alumnus Dennis Mitchell was working under Holloway's direction when he captured the 100m title at the 1992 and 1996 U.S. Olympic Trials, giving Holloway a Trials champion in three of the last four Olympiads. During the summer of 1997, Florida alumnus Mark Everett posted the second-fastest all-time 800m performance by an American when he clocked a 1:43.20 at a meet in Line, Austria, while working under Holloway.

Having served as the girls and boys head coach at Buchholz High School from 1985-1995, Holloway was no stranger to the

tradition-rich Gainesville track & field community prior to being named a Florida assistant. During his 11-year tenure, Holloway guided the Bobcats' programs to a total of 19 county, 17 district, 14 regional and eight state titles, (including cross country). In all, 18 of 20 boys' school records and 14 of 19 girls' records were broken during the Holloway Era. Among the long list of accomplishments Holloway contributed to the Buchholz program, the school's 1995 milestones could arguably be his most lasting achievements. Holloway led both the boys' and girls' Buchholz teams to state titles in 1995, marking the first time such a feat

had been accomplished by one coach.

At the beginning of his coaching career at Buchholz, Holloway worked as a graduate assistant for two years (1986-87) under then-Florida women's head track & field coach Lyle Knudson. During this time, Holloway coached UF's 4x800m foursome of Sandra and Sonja Braasch, Chris Crowther and Susan Nash to a world-record time of 8:29.35 and a U.S. National indoor title.

Holloway is married to the former Angela Fitts. They have a daughter, Michele, a son, Michael II (MJ) and two grandchildren - Alana and Jordin.



FLORIDA

STEVE LEMKE THROWS

FOURTH YEAR AT FLORIDA



A veteran of the coaching ranks with more than 20 years at the international and collegiate levels, Steve Lemke begins his fourth year at the University of Florida overseeing the throwers. In just three short years, Lemke has developed the Gator throwers into an impressive corps that has been successful on

the national stage.

Lemke, who was an All-American in the javelin at South Dakota State, has mentored seven Olympians, including 2000 U.S. Olympic pole vault gold medalist Nick Hysong and six national champions in his career. He also has coached at the 2004 Olympic, the 2003 World Outdoor Championships, the 2003 World Indoor Championships and the 2002 Commonwealth Games.

Lemke has been responsible for the development of Mariam Kevkhishvili, a 2008 Olympian, who became the first man or woman in school history to win an NCAA Championship in the shot put, when she did so during the 2008 NCAA Indoor Championships with a toss of 58-6. Kevkhishvili also was the 2008 NCAA East Regional Champion in that event and garnered two All-America honors last season.

Kevkhishvili was one of five athletes whom Lemke mentored to six All-America honors last season as Adam Montague captured third place in the javelin at the 2008 NCAA Outdoor Championships. At the NCAA Indoor Championships, Shawneise Williams claimed an eighth-place finish in the weight throw and Beau Burroughs finished 10th in the shot put. Javelin thrower Evelien Dekkers earned All-America honors in the javelin at the NCAA Outdoor Championships and was the East Regional runner-

up in the event.

Burroughs, Dekkers and Williams each claimed Southeastern Conference Championships in their respective events during the 2008 campaign.

Lemke's first two seasons in Gainesville saw him develop three All-Americans. In 2007, Kevkhishvili, as a freshman, finished sixth in the shot put at the NCAA Outdoor Championships, adding on to the All-America honor she claimed earlier in the year with an eighth-place showing at the NCAA indoor meet. Lemke produced a pair of All-Americans in 2006, as Rachel Longfors earned the distinction in the weight throw and the discus and Jyn Wynn did the same in the hammer throw.

Lemke's passion and knowledge of the sport have led three of the world's most sought-after throws prospects to put their development in his hands over the last two years, as current Gators Evelien Dekkers (The Netherlands), Kevkhishvili (Georgia) and Montague (Australia) have all come to Gainesville from points across the globe to study under his direction.

Prior to his arrival at Florida, Lemke served as the head throws coach for the Australian National Team from 2002-04, while doubling as head coach at the Queensland Academy of Sport. During that time, he oversaw the development of 2004 javelin Olympian Oliver Dziubak, as well Kim Mickle, who won the 2001 World Youth championship in the javelin throw. Lemke also held the title of head coach at the Western Australia Institute of Sport from 1998-99 and 2001-02 before moving to Queensland.

Lemke also spent a three-year stretch from 1996-98 as the Coordinator and National Coach for the Norwegian senior and junior throwing groups. During that time, he molded Pal Arne Fagernes into a two-time Olympian and the national record holder

in the javelin.

Before heading overseas, Lemke coached the field events at Arizona State from 1993-96. During his time in Tempe, he guided Hysong to the 1994 NCAA outdoor pole vault title and Fagernes to the 1996 javelin crown. Hysong took fourth in his signature event at the 1995 World Indoor Championships while under Lemke's tutelage, while Fagernes showcased his skills at the 1996 Olympics.

From 1989-93, Lemke served as field events coach and recruiting coordinator at Texas-El Paso, where he guided athletes to three national titles and 11 All-America honors. With Lemke at the helm of their training, Mika Laaksonen won the 1992 NCAA championships in both the weight throw and hammer throw, while Marko Wahlman captured the weight throw title in 1993. Three of Lemke's protégés at UTEP went on to compete at the Olympics: Alex Papadimitriou (1996, 2000, 2004), Stella Tsikouna (1996, 2000, 2004) and Wahlman (1996).

Lemke's tenure in El Paso was preceded by a four-year stint as field events coach at Yale from 1986-89, where he guided Chris Athanasia to a runner-up showing in the javelin at the 1988 NCAA Championships. Prior to that role, Lemke served as a graduate assistant coach at Southeast Missouri State from 1985-86, where he completed coursework toward a master's degree in physical education.

His coaching career began at Washburn High School in North Dakota, where he was the director of track & field programs for boys and girls in grades 7-12 from 1983-85.

Lemke earned a bachelor of science degree in physical education from South Dakota State in 1983 after earning All-America honors in the javelin. He has a 11-year old son, Niklas.

THE STEVE LEMKE FILE

Hometown: Fargo, N.D.

Education: Bachelor of Science, South Dakota State, 1983; Coursework toward Master's in Physical Education, Southeast Missouri State

COACHING CAREER

1983-85, Head Boys and Girls Coach, Washburn High School; 1985-86, Graduate Assistant Coach, Southeast Missouri State; 1986-89, Field Events Coach, Yale; 1989-1993, Field Events Coach, UTEP; 1993-96, Field Events Coach, Arizona State; 1996-98, National Senior and Junior Throwing Coach, Norway; 1998-99, 2001-02, Head Coach/National Throws Coordinator, Western Australia Institute of Sport; 2002-04, Head Coach/National Throws Coordinator, Queensland Academy of Sport (Australia); 2005-2007, Associate Head Women's Coach, Florida; 2007-Present, Throws Coach, Florida.

CAREER TOTALS

Seven Olympians; six NCAA champions.

1996 Olympic Qualifiers: 4

2000 Olympic Qualifiers: 4

2004 Olympic Qualifiers: 3

2008 Olympic Qualifiers: 1

TOP ATHLETES

Oliver Dziubak (2004 Javelin Olympian, Australian Javelin Junior Record Holder); **Pal Arne Fagernes** (Two-Time Olympian, 1996 NCAA Javelin Champion); **Nick Hysong** (2000 Olympic Pole Vault Gold Medalist, 1994 NCAA Outdoor Javelin Champion); **Mika Laaksonen** (1992 NCAA Weight Throw Champion, 1992 NCAA Hammer Throw Champion); **Rachel Longfors** (2006 Weight Throw All-American); **Kim Mickle** (2001 World Youth Javelin Champion); **Alex Papadimitriou** (Three-Time Olympian); **Stella Tsikouna** (Three-time Olympian); **Marko Wahlman** (1996 Olympian, 1993 NCAA Weight Throw Champion); **Simon Wardaugh** (Australian Hammer Throw Junior Record Holder); **Jyn Wynn** (2006 Hammer Throw All-American).



FLORIDA

TODD MORGAN DISTANCE/MID-DISTANCE

THIRD YEAR AT FLORIDA



Todd Morgan is in his third season at Florida and his first as the primary coach of the cross country team. He has been an assistant track and field coach the past two seasons, but has taken on the main responsibilities of the cross country team and also works with the distance runners on the indoor and

outdoor track teams.

During the 2008 track and field season, Morgan coached three All-Americans and six regional qualifiers. He also helped junior Carlos Phillips win the 2008 NCAA East Regional Championship and set a new record with an 800m time of 1:46.7. Phillips recently won the bronze at the North America, Central America and Caribbean (NACAC) Championship in Mexico.

In 2008, Morgan also coached Phillips and Shane Stroup, Florida's 1,500m record holder, in the Olympic Trials. At UF, he assisted the Gators to second-place (men) and fourth-place (women) finishes at the Southeastern Conference Championships. The women earned an at-large bid to the NCAA Championships and placed 11th, the highest finish Florida women have ever achieved.

In his first season with the Gators, Morgan helped lead the Gator men and women to the NCAA Championships in the same season for the first time in program history.

Morgan came to the Gators from South Florida where he was an assistant track and field coach, focusing primarily on USF's distance athletes. In his two seasons at USF, Morgan coached 16 All-Conference performers (15 Conference USA, one Big East) in track and cross country. He worked with four NCAA All-Region Cross Country performers and in 2004, Christa Benton qualified for the NCAA Championship and finished 43rd overall.

Before arriving at USF, Morgan coached at Virginia Commonwealth from 2001 to 2004. While working with the Rams, Morgan coached 36 athletes to school records. In the 2001-02 season, Morgan served as the interim head coach. When a full-time head coach was hired in 2002, Morgan continued to serve as an assistant coach at VCU, working with sprints and jumps. He coached Tanika Brown, the 2003 NCAA East Regional, ECAC and Colonial Athletic Association High Jump

Champion. Brown was also named the CAA's Freshman of the Year under Morgan's tutelage. In addition to Brown, eight additional Morgan-coached athletes qualified for the East Regional and two moved on to the NCAA Championships.

Morgan began his coaching career at North Carolina in 2000. He worked primarily with the men's and women's cross country team, sprints and jumps. The Tar Heel women's cross country team finished 12th at the 2000 NCAA Championship, which included a top individual finish of fourth by Shalane Flanagan.

Morgan graduated from North Carolina with degrees in political science and communications in May of 1999. He served as the captain of the Tarheel cross country team in 1997 and 1998. As a senior, Morgan turned in a NCAA provisional qualifying time in the 5,000m on the track. Upon his graduation, Morgan competed for Nike Athletics America for a year.

Morgan and his wife Christy reside in Gainesville.



THE TODD MORGAN FILE

Hometown: Wake Forest, N.C.

Education: Bachelor of Arts in Political Science and Communications, University of North Carolina, 1999

RUNNING CAREER

1996-1999: University of North Carolina; team captain 1997-98

1999-2000: Nike Athletics America

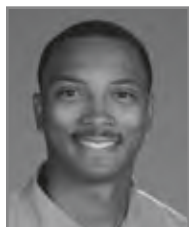
COACHING CAREER

2000-2001: University of North Carolina, Assistant Coach; cross country, sprints and jumps; 2001-2004: Virginia Commonwealth, Assistant Coach; sprints and jumps; 2004-2006: University of South Florida, Assistant Coach; distance; 2006-present: University of Florida, Assistant Coach; cross country and distance

FLORIDA

BRIAN O'NEAL SPRINTS/HURDLES/RELAYS

FIRST YEAR AT FLORIDA



Brian O'Neal, who in 15 seasons as an assistant coach at Ole Miss led his athletes to nearly rewrite the Rebel record books, enters his first season as an assistant track and field coach at the University of Florida.

At Florida, O'Neal will be responsible for coaching the men's

110 hurdlers, all hurdle events for the women and assisting Holloway with the sprints and relays.

"I am very excited with the opportunity to join the Florida track and field family," O'Neal said. "I look forward to the challenge of helping Coach Holloway and the rest of the staff reach the goals he has set in place."

O'Neal spent his last three seasons at Ole Miss as the squad's associate coach and, in 2008, was named the United States Track and Field and Cross Country Coaches Association South Region Track and Field Women's Assistant Coach of the Year. After joining the Rebels' coaching staff in 1994, O'Neal was promoted to a full-time assistant in 1995.

In his final season in Oxford, O'Neal mentored sprinter Kenyata Coleman to a fifth-place finish in the 400-meter dash at the NCAA Championships and All-America honors. Coleman won the 2008 SEC Outdoor Championship in the 400-meter dash. Fellow sprinter LaJada Baldwin was also an All-America selection in the 400m, finishing in 11th place in a time of 53.17. Both advanced to the U.S. Olympic Track and Field Trials in Eugene, Ore., with Coleman posting a time of 51.67. She earned first-team All-SEC honors and never finished lower than fifth in the 400m in any competition during the season.

Last year, he coached four women in the 400m hurdle finals at the SEC Outdoor Championships and Brittney Reese was fifth at the SEC Indoor Championships in the 60-meter dash. As just a freshman, Lee Moore was a semifinalist in the men's 400m hurdles. Sprinter Kasey McDaniel set the school record in the 100m hurdles (13.22) and was a semifinalist at the 2008 NCAA Outdoor Championships.

Both of his women's relays advanced to the NCAA Outdoor Championships, with the 4x100 relay finishing ninth after set-

ting the school record at the SEC Championships (44.39) and the 4x400 relay finishing 11th after setting the school record (3:32.77) at the NCAA regional meet.

At Ole Miss, O'Neal was responsible for coaching the sprints, relays and hurdles for the Rebels, as well as serving as the team's recruiting coordinator.

In all, O'Neal has coached 48 athletes to top-three SEC Championships showings and 12 athletes to top-four finishes at the NCAA Championships. He also mentored 18 athletes to earn 39 All-America honors and seven SEC champions during his time as a member of the Ole Miss coaching staff.

In 2007, under O'Neal's direction, the Lady Rebels set a school record in the 4x100m relay as the quartet of Kadeshia Fortune, Cachet Murray, Kim Mulkey and Coleman posted a time of 44.49 at the SEC Championships. The Ole Miss 4x100-meter relay team would go on to finish in 11th place at the NCAA Championships. O'Neal also guided Coleman to a school record in the 400m en route to her selection as an NCAA Outdoor All-American.

The 2006 season saw Ole Miss set a school record in the women's 4x100-meter relay. Additionally, O'Neal mentored Rodney Lockhart to an impressive freshman season that was capped off by Lockhart finishing sixth in the 400m at the USA Track and Field Junior Championships and representing his country at the IAAF World Junior Championships in Beijing, China. That season, John Yarbrough finished as the NCAA runner-up in the 110m hurdles after finishing fourth in the nation the previous year.

Sprinter Antwon Hicks, under O'Neal's guidance, was a two-time NCAA indoor champion in the 60-meter hurdles, claiming the national title in 2003 and 2005.

The men's 4x400m relay team participated in both the indoor and outdoor NCAA Championships in 2004 and the women's 4x100m relay team was one hand-off away from participating at the NCAA Outdoor Championships.

In 2002, the Ole Miss sprinting corps had yet another successful season that saw one individual (Kendrick Triggs - indoor 200m) and one relay team (outdoor 4x100m) earn All-America honors. After such a strong season that year - he also participated on the 4x100m relay team - Triggs followed that up with Ole Miss' first individual SEC Championship in 10 years by taking the indoor 200m title.

O'Neal's sprinters shattered school records in 11 events in 2001. The UM sprinters also excelled on a national and international level. Ole Miss was represented by three athletes who competed for USA teams over the summer. Teneeshia Jones competed in the World University Games, Triggs competed in the Junior Pan American Games and Savante Stringfellow competed at both the World Championships and the Goodwill Games.

Under O'Neal's guidance, Jones won the 2001 SEC title in the 100-meter hurdles and finished her career with eight All-America honors and seven school records. Shelton was the 2001 NCAA runner-up in the indoor 60m, garnering his first All-America honor. Triggs set the Ole Miss record in the indoor 200m and went on to post an outdoor personal-best with his runner-up finish in the USATF Junior Nationals 200m.

O'Neal also has had success guiding 800m runners, as former Lady Rebel Chika Chuku was the 2000 SEC Outdoor runner-up and twice placed third in the event at the SEC Championships,

while Sherlonda Johnson finished third in the 1997 SEC Outdoor Championships and fourth at the 1997 SEC Indoor Championships.

O'Neal directed the men's 4x400 relay team to the Championship of America title at the Penn Relays in 1999, the last year the Rebels would compete at the historic event.

In his first season with the Rebels, O'Neal coached Greg Saddler to an NCAA Championship in the 55m and coached the men's 4x400m relay team to an SEC runner-up finish and a fifth-place finish at the NCAA Championships. He also guided Angie Clay to the SEC runner-up finish in the 400m. His 4x400m relay team that year set a then-SEC record of 3:02.30.

In his second season, O'Neal coached the No. 1 and No. 3-ranked 400m men in the NCAA with Brad Pride winning the SEC Championship with a mark of 45.29 and Ed Odom posting a time of 45.35.

A native of Pontotoc, Miss., O'Neal was a middle-distance runner for the Rebels. He was a four-year letterwinner and a member of three relay teams that finished in the top three at the SEC Championships, including the 1990 SEC runner-up 4x800-meter relay team.

A 1993 graduate of Ole Miss with a bachelor's degree in public administration, O'Neal is married to the former LaChonda Carter. The couple has two children, a son Cameron LaBrian and a daughter Cayden Shree.

THE BRIAN O'NEAL FILE

Hometown: Pontotoc, Miss.

Education: Bachelor of Science in Public Administration, Ole Miss, 1993

COACHING CAREER

1994 - Men's and Women's Assistant, Ole Miss; 1995-06 - Men's and Women's Assistant Coach, Ole Miss; 2006-08 - Men's and Women's Associate Coach, Ole Miss

COACHING HONORS

2008 USITFCCA South Region Track and Field Women's Assistant Coach of the Year

CAREER TOTALS

Ole Miss - 39 All-America Honors; 7 SEC Champions

TOP ATHLETES

Antwon Hicks (NCAA Indoor Champion 60mH - 2003 and 2005); **Teneeshia Jones** (2001 SEC 100mH Champion); **Brad Pride** (No. 1 in NCAA in 400m - 1994, SEC Champion); **Brittney Reese** (2008 All-SEC First Team; 2008 All-Midwest Region); **Greg Saddler** (1994 NCAA 55m Champion); **Kendrick Triggs** (2002 SEC Indoor 200m Champion)



FLORIDA

RANA REIDER JUMPS/MULTI-EVENTS

THIRD YEAR AT FLORIDA



A widely renowned coach who boasts more than 16 years of collegiate coaching experience and has guided several Olympians, national champions and All-Americans, Rana Reider begins his third season as an assistant coach at Florida. He works primarily with the Gator jumpers and multi-event athletes after over-

seeing all of the UF men's field athletes in 2007.

A coach with international expertise and coaching, Reider has guided athletes to 20 individual national titles and three relay titles, while leading athletes to 98 All-America honors at the NCAA and NAIA levels. His athletes broke four school records last season, his first working with exclusively the men's and women's jumps program.

Reider has coached his athletes to break nine school records during his tenure at Florida, including six records broken during the 2008 campaign alone.

Reider's impact on jumper Shara Proctor became evident during the 2008 season when Proctor set the indoor school record in the long jump (6.50m/21-4) and the outdoor record in the triple jump (13.66/43-9.75). She was a Southeastern Conference outdoor champion in the triple jump and earned All-America honors in the long jump with an eighth-place finish at the NCAA Championships.

On the men's side, Mike Morrison shattered the indoor heptathlon (5,792) and outdoor decathlon (7,803) school records during the course of the 2008 campaign. Morrison, under Reider's direction, finished third in the heptathlon at the 2008 NCAA Indoor Championships, earning All-America honors (5,792).

Reider also mentored Eugene Martin to the 2008 SEC Indoor Championship in the high jump (2.15m/7-0.50). Martin's mark is tied for the ninth-best in his event in school history. Reider is one of only three jumps coaches in the SEC to guide his athletes to multiple SEC Champions in the same season.

Reider most recently guided 2005 decathlon world champion and 2004 Olympic silver medalist Brian Clay to new heights, as he claimed the gold medal at the 2008 Beijing Olympics. At the 2000 Olympics in Sydney, he coached three athletes representing three different countries in four events. Reider has also coached Lisi Maurer, a three-time Austrian 100m hurdle national champion, sprinter Josh Norman (ranked No. 26 in world in 2006 in 60-100m) and Roland Schwarzl - the No. 2 Austrian decathlete of all-time, who took 10th at the 2004 Olympics.

He made an immediate impact on the Florida program in his first year as a member of the staff, mentoring thrower Wes Stockbarger to one of the most productive years in school history. Under Reider's tutelage, Stockbarger earned All-America honors in the discus and the indoor shot put, while also winning both events at the Southeastern Conference Championships. He also became the first athlete in UF history to eclipse the 200-foot mark in the discus, and finished the year with a school-record 61.39m/201-5 toss at the NCAA Outdoor Championships en route to becoming just the third Gator athlete ever to claim multiple All-America honors in the discus. Stockbarger's victory in the shot put at the SEC Indoor Championships also marked UF's first in that event since 1992.



Previously, Reider served as an assistant coach at Kansas State from 2003-06, where he coached a pair of All-Americans and guided athletes to five school records. With the Wildcats, he was charged with rejuvenating their sprints and hurdle program, and he responded by guiding several athletes and relays to All-America and Big 12 Conference honors. In 2006, Reider coached Shunte Thomas to All-America honors in the 400m - just KSU's fifth in school history in that event. During the 2005 season, the Kansas State women's 4x100m relay broke the school record and Thomas earned All-America honors in the 400m.

Prior to his tenure in Manhattan, Reider had a remarkable one-year stint at Clemson in 2001. During the season, he coached one individual national champion, one relay national champion, five indoor All-Americans and six outdoor All-Americans. He led Cydonie Mothersill to a NCAA indoor title in the 200m and coached the Clemson women's 4x400m to the outdoor NCAA crown. Mothersill rose as high as No. 2 in the world in the 200m during 2001. Reider also helped Clemson leave its mark at the ACC Championships, as he helped the Tigers claim six indoor conference titles and four outdoor crowns.

Previously, Reider made waves at the NAIA level from 1996-00. As the women's head coach at Life University in 2000, he led his squad to the NAIA outdoor national championship, with his team earning the highest point total and most individual national championships in NAIA history. For his efforts, he was named the NAIA National Coach of the Year. In just one season, he mentored athletes to the tune of 34 All-America honors, 13 individual national titles (4 indoor, 9 outdoor) and a pair of relay titles.

Before working at Life University, Reider was an assistant coach at California Baptist University in 1996-99. While there, the men's squad won the 1999 NAIA indoor national title and his athletes combined to win 10 national crowns (six long jump, four triple jump) and earn 47 All-America honors in the jumps, sprints and hurdles.

Reider's career began at Riverside (Calif.) Community College, where he made the transition from athlete to coach under former UTEP track legend Ted Banks. While at RCC, Reider coached athletes to five California state individual titles, while RCC captured the California Community College team titles in 1992 and 1994 on the men's side and in 1993 and 1994 for the women.

Reider earned his bachelor of science degree from Cal Baptist in 1997. He and his wife, Cyndie, married in 1993 and have a son, Reese (5), and a daughter, Randi (1).

THE RANA REIDER FILE

Hometown: Corona, Calif.

Educations: Bachelor of Science in Kinesiology, Cal Baptist, 1997

COACHING CAREER

1992-95 - Men's and Women's Assistant Coach, Riverside Community College; 1996-99 - Men's and Women's Assistant Coach, Cal Baptist; 2000 - Women's Head Coach, Life University
2001 - Women's Assistant Coach, Clemson University; 2003-06 - Men's and Women's Assistant Coach, Kansas State University; 2006-present - Assistant Coach, University of Florida.

COACHING HONORS

2000 NAIA National Coach of the Year

TEAM ACCOMPLISHMENTS

Kansas State - 2004 Men's Big 12 Indoor runner-up
Clemson - 2001 Women's NCAA Indoor Championships (3rd), Outdoor Championships (7th)
Life University - 2000 Women's NAIA Outdoor National Championship
Cal Baptist - 1999 Men's NAIA Indoor National Championship
Riverside - 1992, 1994 Men's California State Championship; 1993, 1994 Women's California State Championship

CAREER TOTALS

Florida - 5 All-Americans
Kansas State - 2 All-Americans
Clemson - 2 NCAA Champions, 11 All-Americans
Life University - 11 NAIA Champions (9 individual, 2 relay), 34 All-Americans
Cal Baptist - 10 NAIA Champions, 47 All-Americans
Riverside - 5 State Champions

TOP ATHLETES

Brian Clay (2008 Olympic Gold Medalist 2005 Decathlon World Champion, 2004 Olympic Decathlon Silver Medalist); **Lisi Maurer** (3-time Austrian 100m Hurdle National Champion); **Cydonie Mothersill** (2001 NCAA Indoor 200m Champion) 2001 World Champion 200m; **Roland Schwarzl** (10th in Decathlon, 2004 Olympics); Shunte Thomas (Two-Time 400m All-American).



MELLANEE WELTY RECRUITING COORDINATOR, SPRINTS/HURDLES/RELAYS

FOURTH YEAR AT FLORIDA



Mellanee Welty begins her fourth season at the University of Florida, working primarily with the team's dynamic sprints and hurdles corps. Welty, the team's recruiting coordinator, is in her second stint with the Gators after also serving as an assistant from 2002-03.

Welty's impact on the Florida program since her return last season is undeniable. With Welty as the squad's recruiting coordinator, the Gator coaches were able to bring in the nation's No. 1 men's recruiting class as judged by Track and Field News' January 2009 issue.

In just her first year back in Gainesville, Florida's sprinters and hurdlers captured a combined 25 All-America honors during the 2008 campaign, including a combined eight top-five finishes at the NCAA Championships last season. Overall, both Florida's men's and women's teams finished in the top 10 at the NCAA Indoor Championships and the Gator women concluded the NCAA Outdoor Championships in ninth place.

Welty made her way back to Gainesville after a two-year stint at Louisville, where she oversaw the Cardinals' short sprinters, mid-distance runners and multi-event athletes. In her first year on campus, her pupils broke nine U of L school records. In her second year at Louisville, where Welty earned her master's degree in 2008, three more school records fell. The men's team captured the 2007 BIG EAST outdoor championship, while the women's squad finished second. The women's 4x100m relay team, under Welty's direction, was a regional qualifier.

Prior to Louisville, Welty coached sprints, jumps and multi-events at Texas Pan-American during the 2005 season, helping her athletes break 10 school records that season.

The Wichita, Kan., native was an assistant at UF from 2002-03, playing an integral part in an historic 2003 campaign that saw the Florida women win the Southeastern Conference outdoor championship and the NCAA East Regional title, finish second at the NCAA Indoor Championships and take fourth at the NCAA outdoor meet. During that time, Florida runners captured 23 All-America honors, while Welty also helped the 2003 outdoor

4x400m relay squad capture the conference crown.

After departing Florida, Welty served as head track and field coach at Gainesville's P.K. Yonge Developmental Research School, where she guided her team to a runner-up finish and five individual titles at the FHSAA Class A state championships. She began her coaching career in 2001 with a one-year stint as a jumps coach at Illinois State. Her tenure in Normal saw Welty develop an NCAA qualifier, three NCAA provisional qualifiers and two Missouri Valley Conference Champions.

A 2001 Cum Laude graduate of Wichita State, Welty earned All-America honors in the heptathlon in 1999, one of two years in which she qualified for the NCAA Outdoor Championships. She also collected two Academic All-America honors, eight MVC titles, two MVC Outdoor Field Athlete of the Meet accolades and two Drake Relays heptathlon crowns during her collegiate career.



THE MELLANEE WELTY FILE

Hometown: Wichita, Kan

Education: Bachelor of Arts, Wichita State University, 2001

COACHING CAREER

2001 — Assistant Track and Field Coach — Jumps, Illinois State University

2002-03 — Assistant Track and Field Coach — Assistant Distance Coach, University of Florida

2004 — Head Track and Field Coach, P.K. Yonge Developmental Research School (Gainesville, Fla.)

2005 — Assistant Track and Field Coach — Sprints, Jumps, Multi-Events, Texas Pan-American

2006-07 — Assistant Track and Field Coach — Sprints, Multi-Events and Middle Distance, University of Louisville

2008 — Present — Assistant Track and Field Coach — Sprints, Hurdles and Relays, University of Florida

TEAM ACCOMPLISHMENTS

Florida — 2003 Women's SEC Outdoor and NCAA East Regional Champions; 2003 Women's NCAA Indoor Runners-Up

P.K. Yonge — 2004 FHSAA Class A State Runners-Up

Louisville — 2006 Men's BIG EAST Outdoor Championship

FLORIDA

TRACK AND FIELD SUPPORT STAFF

CHRISTIAAN LEEUWENBURGH



Volunteer Assistant Coach (Pole Vault)

Christiaan Leeuwenburgh began in the 1980s as a volunteer assistant coach for the University of Florida men's track and field team (1986-1990). He continues his role with the combined men's

and women's track and field program, working with the women's pole vaulters.

During his tenure at Florida, Leeuwenburgh has guided countless vaulters to successes at both the conference and national levels. He has coached three All-America selections during his tenure - Megan Westfall (2002), Dara Altman (2006) and Natalie Moser (2007). He also guided Moser to the 2007 SEC Indoor Pole Vault Championship and she was the NCAA Indoor Runner-Up in that event.

A six-time Dutch national champion and the Dutch national record-holder for 12 years in the pole vault, Leeuwenburgh competed for the Gators in 1986. Injuries held back his athletic career in Gainesville, but not before he had earned two All-American

awards at the University of Texas-El Paso under former Florida head coach Tom Jones. He cleared a personal-best of 5.50m/18-0.5 during his career, which included four consecutive Western Athletic Conference pole vault championships and was awarded the 1986 WAC Outdoor Athlete of the Year honor.

He began his coaching career in 1987 with the Florida men's team, coaching the top two vaulters in UF history - Mike Holloway and Dave Watson. He has since helped train nine All-Americans during separate stints at the University of Illinois and the University of Wisconsin.

The University of Florida employs Leeuwenburgh as the Chief in the Division of Biology of Aging, Professor of Medicine and Director of the Aging Biochemistry Laboratory in the Department of Aging and Geriatrics within the College of Medicine. He earned his bachelor's degree and master's in applied physiology from the University of Florida in 1988 and 1990 before earning his doctoral degree in the study of biochemistry of aging from the University of Illinois in 1995. He worked for the University of Wisconsin and Washington University School of Medicine in St. Louis, Mo., studying geriatrics and free radical biology, before returning to Gainesville in 1998 to further investigate geriatrics and the biology of aging at the University of Florida.



BRIAN BARTON
Operations



MARK CAMPBELL
Strength and Conditioning (Sprinters)



FRANK CARAWAY
Equipment Manager



SEAN CARTELL
Assistant Communications Director



STEPHANIE DAVIS
Team Manager



MATT DELANCEY
Strength and Conditioning
(Field Athletes)



SKIP FOSTER
Assistant to the Athletic Director



MEGHAN FITZGERALD
Assistant Marketing Director



LUIS GONZALEZ
Team Manager



DR. JOCELYN GRAVLEE
Team Physician



KARI HODGKISS
Marketing Intern



ANDY KLOCK
Athletic Trainer



THERESE LEGROW
Program Assistant



DYLAN MOELLER
Team Manager



MATT PHILLIPS
Team Manager



SAMANTHA ROBINSON
Team Manager



VAN STUCKEY
Equipment Manager

IN MEMORIAM

HENRY CRANE

Henry Crane served as a student manager for the University of Florida men's track & field team from 2005-07. A native of Largo, Fla., he passed away in the summer of 2007 after he was struck by a car while riding his bicycle to work. Henry was a dedicated manager and valued friend, and he will always remain a part of the Florida track & field family.



HENRY CRANE