



2007 CROSS COUNTRY CHAMPIONSHIPS

**November 10, 2007
University Golf Course
University of Florida
Gainesville, Florida**

Tournament Participant Manual

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CHAMPIONSHIP ADMINISTRATIVE TEAM

Director of Athletics 352/375-4683, ext. 6000	Jeremy N. Foley
Associate Athletics Director 352/375-4683, ext. 6022	Jamie McCloskey
Head Men's & Women's Track Coach 352/375-4683, ext. 4458 352/316-5750 Cellular	Michael Holloway
Cross Country Coach 352/375-4683, ext. 5549 352/316-5512 Cellular	Jeff Pigg
Tournament Director 352/375-4683, ext. 6045 352/317-4720 Cellular	Brian Barton
University Golf Course 352/375-4683, ext. 4730 352/870-8651	Scott Hampton
Marketing & Promotions 352/375-4683, ext. 6647	Dennis Barnes
Sports Information 352/375-4683, ext. 6128	Heidi Johnson
Training Room 352/375-4683, ext. 5122	Andy Klock
Merchandise 352/375-4683, ext. 4725	Pete Mariano

SCHEDULE OF EVENTS

Friday, November 9th

2:00 – 6:00 p.m.	Race Course Open for Inspection	UF Golf Course
5:00– 6:00 p.m.	Coaches Pickup Packets	Women’s Club
6:00 p.m.	Administrative/Coaches’ Meeting	Women’s Club

Saturday, November 10th

7:30 a.m. – 9:30 a.m.	Race Course Open for Inspection	UF Golf Course
9:45 a.m.	Assembly Time for Men’s Race	Starting Line
9:55 a.m.	National Anthem	Starting Line
10:00 a.m.	Men’s Race	UF Golf Course
10:45 a.m.	Assembly Time for Women’s Race	Starting Line
11:00 a.m.	Women’s Race	UF Golf Course
Noon	Recognition Ceremony	UF Golf Course

ADMINISTRATIVE/COACHES' MEETING

The coaches' meeting is scheduled on Friday, November 9, 2007 at 6:00 p.m. in the Women's Club. Registration and coaches packets containing important information will be distributed.

BOX DRAW FOR STARTING LINE ASSIGNMENTS

Starting line assignments for all boxes will be randomly drawn by the NCAA Representative at the Administrative/Coaches' Meeting on Friday, November 9th. The number of boxes needed will be based upon final declaration. There will be one box per team and one box per five to seven individuals.

DECLARATION - New for 2007

Coaches will declare on the Direct Athletics Web site (see links above) 10 of the 15 runners submitted on their entry form (seven competitors and three substitutes) for the regional meet no later than 8 p.m. local time on Wednesday, November 7. Institutions submitting late declarations are subject to a fine.

Final Declarations must be made at packet pick-up prior to the Coaches Meeting Friday 11/9/2007. Institutions which compete more than seven runners will be disqualified from the regional meet and will not have the opportunity to advance to the national championship meet.

ENTRY FORM

The entry form for the championships can only be submitted online (through Direct Athletics) and can be accessed via the following Web sites (the entry forms WILL NOT be sent to your institution):

- NCAA Web site.
www1.ncaa.org/membership/champadmin/cross_country/index
- USTFCCCA Web site. <http://ustfccca.cstv.com>
- Direct Athletics Web site. <http://www.directathletics.com>
- Indiana State Web site.
<http://www.indstate.edu/athletics/intercollegiate>
- Regional hosts Web sites. <http://gatorzone.com>

Coaches will be allowed to submit a maximum of 15 student-athletes on the entry form. Only the 15 student-athletes listed on the entry form may compete in the regional and/or national championships meets. Coaches will not be able to change the 15 student-athletes on the entry form should the team qualify for the national championship meet. Coaches must submit the forms ONLINE by 5 p.m. Eastern time, Thursday, November 1. Institutions submitting late entries are subject to a fine. Each institution should print a copy of its entry forms to hand carry to the regional and national sites.

HOSPITALITY

Coaches, officials, and staff will have a hospitality area set up on the upper level of the clubhouse on Saturday. It will be stocked with snacks, drinks, and fruit. Light snacks will be at the finish line for participants.

HOST HOTEL

A block of rooms have been set aside for all participating teams at the Cabot Lodge. Each team is responsible for contacting the hotel to confirm their reservations and provide a rooming list. If a team prefers to stay at another hotel, it must obtain, from the hotel manager, a written release of the reserved rooms.

Each participating institution is responsible for making its own special arrangements for meeting rooms, meals and other functions.

Cabot Lodge

3726 SW 40 Blvd. Gainesville, FL 32608

Phone: 1-800-843-8735

Fax: 352/335-2321

Hotel contact: Eric Kidwell

Directions from I-75 to Cabot Lodge: At Exit 384 - Archer, exit and head east on Archer Road. Go north (left) at the first crossroad of SW 40th Boulevard. Cabot Lodge is immediately on the west (left) side

Directions from Gainesville Airport to Cabot Lodge: From the airport, head west (right) on SR 222 (39th Avenue). Stay on 39th Avenue approximately 9 miles, and head south on I-75. From I-75, take exit #384 – Archer Road, exit from I-75 and head east (left turn) on Archer Road. The first crossroad is SW 40th Boulevard. Turn left onto SW 40th Boulevard and the Cabot Lodge is immediately on the west side (left side).

LOCAL TRANSPORTATION

National Car Rental

Location: Gainesville Regional Airport
Phone: 352/377-7005 or 1-800-227-7368

Budget Car Rental

Location: Gainesville Regional Airport
Phone: 800-527-7000

Avis Rent-A-Car

Location: Gainesville Regional Airport
Phone: 352/376-8115 or 800-831-2847

Hertz Car Rental

Location: Gainesville Regional Airport
Phone: 352/373-8444 or 800-654-3131

BUS TRANSPORTATION:

Champion Coach

Ask for the Charter Department
Phone: 864-284-9000 or 800-583-7668

MEDICAL INFORMATION

Trainers will be available throughout the Championship and will be located under the tent at the finish line. Although there are some courtesy supplies, each institution should bring its own stock. Please call Andy Klock at 352/375-4683, ext. 5122 for any special arrangements needed. The trainer for each team will receive more information upon arrival to Gainesville. There will be a physician on call. Shands Hospital is the designated hospital for the event. It is located one mile from the golf course (please see Appendix "C"). The hospital's telephone number is 352/265-0111.

MEET OFFICIALS

The Meet Referee is Will Booth, and the lead starter is Tony Tussing, certified Track and Field Officials.

PARKING

Reserved parking for teams will be at the Campus Church of Christ. Parking for officials and event staff will be located at the University Golf Course parking lot. Parking for spectators will be at the Levin College of Law (please see Appendix "B" for all locations). Parking passes will be distributed at the coaches' meeting. It should be placed in the windshield of the van or car.

PRACTICE

The course will be available for practice on Friday, November 9th, from 2:00 p.m. to 6:00 p.m.

RACE SITE

The NCAA Cross Country Regional Championship will be held at the University of Florida Golf Course (Please see Appendix "B"). This is the site of the annual UF Cross Country meet. The golf course management would appreciate everyone taking care of the course. Please stay off the greens and the tee boxes **at all times** and put all trash in the containers provided.

RESULTS

Results will be posted on the leader board next to the club house as soon as possible following each race. Copies of results for coaches can be obtained with the coupons from coaches packets in front of the Golf Course Pro Shop. Copies of results will also be available to media and SIDs in the media work room. Fans and others can view results at www.ncaasports.com, www.GatorZone.com, or www.halfmiletiming.com

SPORTS INFORMATION

The Sports Information department will handle all requests for media information. For media and photo credentials please contact:

Heidi Johnson
PO Box 14485
Gainesville, FL 32604
352/375-4683, ext. 6128
352/339-4360 (cellular)
heidij@gators.uaa.ufl.edu

There will be a workroom available for media and visiting SIDs. Visiting SIDs wishing to send media guides and/or notes ahead of time, may send them to the above address.

Results will be available at www.ncaasports.com and www.GatorZone.com as soon as possible upon the conclusion of the meet. To have results emailed to you please contact Johnson by the Thursday of race week.

SQUAD SIZE

Participating teams are limited to a maximum of seven competing runners in uniform. An institution that is advised it is in violation of this regulation and does not promptly conform to it shall automatically forfeit the competition.

TEAM LOCATION

Teams can set up their tarps, pop-up **non-staked** tents on either side of the first hole in the rough. This area will be designated by signage and will be roped off. Please do not impede the golf course outside of these designated areas in any way.

TRAVEL DIRECTIONS

Automobile: From I-75, exit number 387, Newberry Road/State Road 26 and travel east. Stay on Newberry Road/SR 26 for approximately five miles. Stay in the right lane and when the road splits (near Royal Park Stadium 16 Theaters) veer to the right – this is SW 2nd Avenue. Continue east on SW 2nd Avenue. You will see the University Golf Course on the right just after passing Publix supermarket, and parking is available at the Campus Church of Christ further down on the left.

Airport: Turn right when exiting the airport and proceed to NW 13 Street/US 441 and turn left. Stay on 13th Street until you come to University Avenue (approximately six miles) and turn right. You will pass the University of Florida on your left. Once you see the football stadium on the left, get in the left lane because just beyond the stadium, you will turn left onto SW 2nd Avenue. Once you are on SW 2nd Avenue, you will pass by our tennis courts and the UF Law

School. Parking for the tournament is available at Campus Church of Christ on the right, and the Golf Course is on the left after passing the church.

UNIFORMS

All teams' members must wear the uniforms of the institution they represent (warm-ups included). Uniforms for all Cross Country team members must meet the following criteria: (1) School issued; if they are singles, they must be identical; (2) Pants may be of any length, but must have identical color, and; (3) Visible undergarments must be of an identical solid color. Uniforms must be clean and of a material and design so as not to be objectionable. Bare midriff tops are not acceptable. (Please note: the uniform top must allow for competitors' numbers to be placed above the waist (front and back) and for hip numbers to be placed on the hip, not on the leg or thigh. Uniform tops must not obscure hip numbers.

Logos: All items of apparel may bear a single manufacturer's or distributor's normal trademark, not to exceed 2 ¼ square inches.

WEBSITE

Results from the NCAA Cross Country Regional Championship will be available at www.ncaasports.com and www.GatorZone.com.