



## MIKE HOLLOWAY HEAD COACH Cross Country and Track & Field 15th season at Florida Eighth season as Head Coach Florida '99

Mike Holloway oversees both the men's and women's track and field and cross country programs. This will be his second season at the helm of the cross country team. He has held the title of head the men's track coach for the past eight seasons and also took on the position of women's head coach in 2007. Holloway became the first person in school history to assume the title of head men's and women's track and field coach before the start of the 2007-08 season.

Holloway coaches a Florida men's track and field program that boasts nearly 400 All-America honors, 31 NCAA titles and 32 top-10 finishes at the NCAA Indoor Championships and 40 top-10 NCAA Outdoor finishes. He took the reins of the storied women's program that won the 1992 national indoor title and has also posted a combined

29 top-10 finishes at the NCAA Indoor and Outdoor Championships. The UF women have also captured 10 Southeastern Conference crowns in their 36-year history.

In his six seasons as head men's coach, Holloway oversaw nine individual and relay NCAA titles, six runner-up finishes at NCAA Championships and three NCAA East Regional titles. Those figures don't even take into account his seven seasons as one of the top sprint and hurdle assistant coaches in the country. In his 14 seasons at Florida, Holloway has guided athletes to the following accomplishments:

- \* Indoor 400m world record holder (Kerron Clement – 44.57)
- \* Collegiate 400m hurdles record holder (Kerron Clement – 47.56)
- \* Collegiate indoor 4x400m relay record holders (3:03.51)
- \* No. 2 all-time American 4x100m relay (38.35)
- \* No. 2 all-time 200m indoor and No. 3 outdoor collegian (John Capel – 20.26, 19.87)
- \* No. 3 all-time 100m American collegian (Bernard Williams – 9.99)
- \* No. 4 all-time collegiate shuttle hurdle relay (54.76)
- \* No. 5 all-time collegian 110m hurdler (Josh Walker – 13.32)
- \* No. 5 all-time collegian 400m hurdler (Rickey Harris – 48.16)

Holloway, who was named Florida's men's track and field head coach in 2002 after serving as an assistant at UF since 1995, is one of the premier sprint coaches in today's track and field world. He has developed the Florida men into one of the top collegiate sprint programs in America. He has coached athletes to 12 NCAA titles in the last 14 years and 14 school records in the 12 indoor and outdoor events 400 meters and below have been set under his watch.

Holloway reached a coaching milestone after Josh Walker's sixth-place finish in the 110m hurdles at the 2003 NCAA Outdoor Championships, as he tutored an All-American in every sprint and hurdle event. In 2004, Walker and Kerron Clement became the first tandem from the same school ever to sweep the NCAA 110m hurdle and 400m hurdle titles in the same season. They repeated the feat in 2005.

The list of accolades and accomplishments his athletes have earned at both the professional and collegiate levels is staggering and continues to grow with each successive year. In 2008, six athletes who were coached under Holloway competed in the Olympic Games in Beijing, China. Clement earned a gold medal in the 4x400 relay and a silver medal in the 400m hurdles during his first Olympic appearance. Holloway was in Osaka, Japan, with Clement for the 2007 IAAF World Outdoor Championships when the latter won gold in the 400mH, claiming just the second individual world track championship by an athlete with UF men's track ties. In 2005, he guided Clement, then a 19-year-old phenom, to a world record in the indoor 400m (44.57), breaking Michael Johnson's 10-year-old record. Later in the year, Clement won the U.S. Outdoor Track & Field Championships title in the 400m hurdles with the fastest time run in the event since 1998 (47.24). He then claimed his second-straight U.S. 400m hurdle title in 2006. In 2004, four current or former Holloway-coached athletes competed in the Olympics, with former Gator Bernard Williams earning a silver medal in the 200m. In addition, Clement set a record in the 400m hurdles at the 2004 World Junior Championships.

After being named head coach of the Gator men's track & field program following the 2002 season, Holloway quickly set out to instill the rest of the athletes with the same philosophy and work ethic that has made his sprinters so successful. As a result, the Florida men won the 2003 NCAA East Regional team title, finished second at the 2003 SEC Indoor Championships and were sixth at the 2003 NCAA Outdoor Championships. For his efforts at the East Regional meet, Holloway was named the East Region Coach of the Year.

In 2004, Holloway coached UF to second-place finishes at all five championship meets (NCAA indoor and outdoor, SEC indoor and outdoor and the NCAA East Regional), while his athletes claimed six SEC titles, three NCAA titles and earned 31 All-America honors. In 2005, the Gators duplicated their efforts from the previous season by taking second at all five championship meets. Florida racked up 27 All-America honors, four NCAA titles and seven SEC crowns along the way. In 2006, Holloway mentored a pair of Gator freshmen, guiding them to monumental achievements, as Jeremy Hall became the first freshman in more than 30 years to claim the SEC 60m title and Calvin Smith earned indoor All-America honors in the 400m before going on to achieve the same feat outdoors. The latter also became the second athlete in school history to win the SEC outdoor 400m crown as a freshman.

In 2007, Holloway coached nine All-Americans, including the SEC Indoor and Outdoor Freshman Field Athlete of the Year in Mike Morrison. The conference's Freshman Runner of the Year went to Smith, while Morrison, Smith and two other Gators earned SEC individual event championships, including Wes Stockbarger collecting one indoor and one outdoor accolade. The men finished third at the SEC Indoor Championships and took fifth at the outdoor finale. Holloway coached two NCAA East Regional Champions, including the 1,600m relay team.



## The Mike Holloway File

**Hometown:** Columbus, Ohio

**Education:** Bachelor of Arts in History, University of Florida, 2000

**Coaching Career:** 1983-84, Assistant Coach, Gainesville High School; 1986-87, Graduate Assistant Women's Coach, Florida; 1985-94, Head Coach, Buchholz High School; 1995-2002, Associate Head Men's Coach, Florida; 2002-06, Head Men's Coach, Florida; 2007-present, Head Men's and Women's Coach, Florida.

### Team Accomplishments:

**Florida** - 2009, 2004, 2003 NCAA East Regional Championship; 2009 (O), 2004 (I) SEC Championship

**Buchholz HS** - Eight Florida state team championships; 1995 back-to-back boys' and girls' team state championships; 14 regional, 19 county and 17 district titles

### Career Totals (head coach):

**UF** - 19 National Champions; 53 All-Americans; 177 All-America Honors

**Buchholz** - 50 All-State individuals; 25 cross country individual All-State runners; 10 athletes went on to compete in collegiate track and field

**1996 Olympic Qualifiers:** 1 (two competed at the U.S. Olympic Trials)

**2000 Olympic Qualifiers:** 1 (seven competed at the U.S. Olympic Trials)

**2004 Olympic Qualifiers:** 4 (10 competed at the U.S. Olympic Trials)

**2008 Olympic Qualifiers:** 1 (four competed at the U.S. Olympic Trials)

All-America honors bestowed on the Florida track and field team, including an award in every sprint event - indoors and out.

He added the first individual national title to his list of accomplishments in 1999, and by the end of the 2000 season he had added two more national championships in events Florida had never been able to win before: the 100m and the 4x100m relay. In 2001, Florida was one of only two schools to have at least one athlete qualified for the NCAA Championship meet in every event 800m and lower. This all came just months after freshman Rickey Harris ran a then-school-record 45.78 to win the NCAA Indoor 400m championship. Harris's time was the third-fastest in the world during the season and claimed Florida's first indoor individual national title since 1990. In 2002, Harris won the 400m hurdles championship at the NCAA outdoor meet, giving UF its first title in the event and becoming the first double NCAA champion under Holloway. Harris set a then-school record in the process and his time of 48.16 ranked as the third-fastest final time in meet history. He then went on to finish second in the 400m dash, becoming the second male athlete in NCAA history to earn All-America honors in both events in the same year and the first to do so since 1963.

At the 2000 NCAA Outdoor Championships Holloway's athletes won two national titles and scored a school-record 42 points by themselves. The Gators' 4x100m squad cruised to the fastest time ever by a collegiate squad that included a lineup comprised solely of American citizens, and earned the school's first national championship in the event. Bernard Williams capped an astounding first season at the NCAA Division I level with Florida's first 100m national title. Earlier in the year at the 2000 NCAA indoor meet, sophomore John Capel equaled the American and collegiate record of 20.26 in the 200m. He was the only collegian to break the 20-second barrier that year and finished with the second-fastest time in the world before eventually making the 2000 U.S. Olympic Team. Capel also won the gold medal in the 200m and was the leadoff leg of the gold-medal winning 4x100m relay team that also included former-Gator Williams at the 2003 World Championships in Paris.

At the 2000 U.S. Olympic Trials, Holloway-coached prodigies won both semifinal heats of the 200m before Capel grabbed the victory in one of the most anticipated track match-ups in the preceding four years. Capel defeated world record holder Michael Johnson and Maurice Greene, "the fastest man in the world," not only in the finals but also in the preceding semis to earn the top 200m spot on America's team for the Sydney Olympic Games.

Florida alumnus Dennis Mitchell was working under Holloway's direction when he captured the 100m title at the 1992 and 1996 U.S. Olympic Trials, giving Holloway a Trials Champion in three of the last four Olympiads. During the summer of 1997, Florida alumnus Mark Everett posted the second-fastest all-time 800m performance by an American when he clocked a 1:43.20 at a meet in Line, Austria, while working under Holloway.

Also boasting international experience, Holloway served as the head coach of the U.S. team at the NACAC Under-23 Championships in 2004, where American athletes guided by Holloway combined to win 27 of the 40 events.

Having served as the girls' and boys' head coach at Buchholz High School from 1985 to 1995, Holloway was no stranger to the tradition-rich Gainesville track & field community prior to being named a Florida assistant. During his 11-year tenure, Holloway guided the Bobcats' programs to a total of 19 county, 17 district, 14 regional and eight state titles, (including cross country). In all, 18 of 20 boys' school records and 14 of 19 girls' records were broken during the Holloway Era. Among the long list of accomplishments Holloway contributed to the Buchholz program, the school's 1995 milestones could arguably be his most lasting achievements. Holloway led both the boys' and girls' teams to state titles in 1995, marking the first time such a feat had been accomplished by one coach.

At the beginning of his coaching career at Buchholz, Holloway worked as a graduate assistant for two years (1986-87) under then-Florida women's head track & field coach Lyle Knudson. During this time, Holloway coached UF's 4x800m foursome of Sandra and Sonja Braasch, Chris Crowther and Susan Nash to a world-record time of 8:29.35 and a U.S. National indoor title.

Holloway is married to the former Angela Fitts. They have a daughter, Michele, a son, Michael II (MJ), and granddaughter, Alana, who was born in August 2006.

In 2008, the first year of the men's and women's combined program, the two teams placed in the top 10 at the NCAA Indoor Championships for the first time in Florida history. The women's team also finished in the top 10 at both the indoor and outdoor championships for the 10th time in program history. Mike Morrison became the first UF athlete to earn multi-event All-America honors, while Rebecca Lowe was named SEC Outdoor Freshman Track Athlete of the Year. Twenty-three athletes (14 men, nine women) earned 37 All-America honors (23 men, 14 women). Nine men were named to the All-SEC team (11 honors), while 11 women earned 13 honors. For the 12th consecutive year, the men earned at least nine All-America honors. The men took fourth at both indoor and outdoor conference championships and the women claimed the second spot at the SEC Outdoor Championships and took home five individual titles. They placed fourth at the indoor conference finale. Holloway coached the men to a second-place finish at the NCAA East Regionals and the women to the third spot.

In 2009, Holloway coached the men's team to second-place finishes at both the NCAA Indoor and Outdoor Championships, while the women placed 12th in the indoor championship and ninth in the outdoor. Florida garnered 14 indoor All-American honors (12 men, two women) while the outdoor team boasted 22 (18 men and four women). The women's highlight of the season came when the Gators took SEC Outdoor title at home in Gainesville. The men's team placed second. The teams won a combined five championships at the meet, including the men's 4x100 relay. At the SEC Indoor Championships, the men took second again and the women placed fourth. The men's team won the NCAA East Regional Championship, while the women placed in fourth.

Holloway's tenure as an assistant coach was no less decorated than his time as the head track and field program. He began setting the foundation for the Gators' emergence on the national sprint scene from his first year during the 1996 season. Since then, sprinters have earned 177 of the 242





## TODD MORGAN

### ASSISTANT COACH/CROSS COUNTRY

Fourth Season  
North Carolina '99

Todd Morgan begins his fourth season at Florida and his second as the primary coach of the cross country team. He has worked with the team for the past three seasons in an assistant coach's role, but took on the main responsibilities heading into the 2008 season. He also works with distance runners (800m and above) on the indoor and outdoor track teams.

In his first season at the helm, Morgan led the men's and women's cross country teams to a combined 10 top-six finishes. The women made their third consecutive trip to the NCAA Championships, finishing 17th overall. They also took second at the NCAA South Regional and Southeastern Conference Championships. The men finished fourth at both.

Morgan coached six All-South Region selections, five All-SEC selections, including Freshman of the Year Genevieve LaCaze, and two SEC All-Freshman team members in 2008. Under his tutelage, Jeremy Criscione became the first Gator to earn All-America honors since 1991 with his 20th-place individual finish at the national championship.

During the 2009 track and field season, Morgan's runners earned five All-America accolades. Carlos Phillips captured the honor for the indoor and outdoor 800m events, as well as the 4x400 relay with LaMarr Davis, and Charlotte Browning earned the honor for the indoor mile event. Three distance runners on the women's side earned All-SEC accolades as the women's team took the 2009 SEC Outdoor Championship title. Morgan's runners (800m and up) tallied 52 of the team's 135.5 first-place total points. The men earned the top spot at the outdoor east regional and tied for the second at the NCAA Championships. In all, Morgan coached nine regional qualifiers, including Phillips' second-place finish at the 2009 NCAA East Regional Championships.

In 2008, Morgan coached four All-Americans and six regional qualifiers on the track and field team. He also helped Phillips win the 2008 NCAA East Regional Championship and set an 800m record with a time of 1:46.7, which he topped in 2009. Phillips went on to win the bronze at the 2008 North America, Central America and Caribbean (NACAC) Championship in Mexico.

Morgan also coached Phillips and Shane Stroup, Florida's 1,500m record holder, in the Olympic Trials in 2007. On the cross country side, he assisted the Gators to second-place (men) and fourth-place (women) finishes at the SEC Championships. The women earned an at-large bid to the NCAA Championships and placed 11th, the highest finish Florida women have ever achieved.

In his first season with the Gators, Morgan helped lead the Gator men and women cross country teams to the NCAA Championships in the same season for the first time in program history. The men took 22nd and the women 26th.

Morgan came to Florida from USF, where he was an assistant track and field coach, focusing primarily on distance athletes. In his two seasons, Morgan coached 16 All-Conference performers in track and cross country. He worked with four NCAA All-Region cross country performers and in 2004, Christa Benton qualified for the NCAA Championship and finished 43rd overall.

Before USF, Morgan coached at Virginia Commonwealth from 2001 to 2004. While working with the Rams, Morgan coached 36 athletes to school records. In the 2001-02 season, Morgan served as the interim head coach. When a full-time head coach was hired in 2002, Morgan continued to serve as an assistant coach at VCU, working with sprints and jumps. He coached Tanika Brown, the 2003 NCAA East Regional, ECAC and Colonial Athletic Association High Jump Champion. Brown was also named the CAA's Freshman of the Year under Morgan's tutelage. In addition to Brown, eight additional Morgan-coached athletes qualified for the East Regional and two moved on to the NCAA Championships.

Morgan began his coaching career at North Carolina in 2000. He worked primarily with the men's and women's cross country teams, sprints and jumps. The Tar Heel women's cross country team finished 12th at the 2000 NCAA Championship, which included a top individual finish of fourth by Shalane Flanagan.

Morgan graduated from North Carolina with degrees in political science and communications in May of 1999. He served as the captain of the Tar Heel cross country team in 1997 and 1998.

As a senior, Morgan turned in a NCAA provisional qualifying time in the 5,000m on the track. Upon his graduation, Morgan competed for Nike Athletics America for a year.

Morgan and his wife, Christy, reside in Gainesville.

### The Todd Morgan File

**Hometown:** Wake Forest, N.C.

**Education:** Bachelor of Arts in Political Science and Communications, University of North Carolina, 1999

**Running Career:**

1996-1999: University of North Carolina; team captain 1997-98

1999-2000: Nike Athletics America

**Coaching Career:**

2000: University of North Carolina, Assistant Coach; cross country, sprints and jumps

2001-03: Virginia Commonwealth, Assistant Coach; sprints and jumps

2004-05: University of South Florida, Assistant Coach; distance

2006-present: University of Florida, Assistant Coach; cross country and distance





**STEVEN HASSEN**  
Volunteer Assistant  
Second Season  
Florida '08

Steven Hassen enters his second season as the cross country volunteer assistant. Hassen ran for the Gators from 2003 to 2008, racking up records and awards along the way.

Hassen finished his cross country career with five top-10 finishes, including one career victory. He ranks sixth and seventh, respectively in the Florida record books for his 8K and 10K times on the UF Golf Course. He was Florida's top finisher at the 2006 NCAA South Regional Championships and was named All-Southeastern Conference the same year. His 5,000m time also ranks sixth in the indoor track record books.

Hassen also earned All-South Region three straight seasons (2005-07) and was on the SEC Academic Honor Roll every year he was a member of the Florida Gators. In 2006 and 2007, he also earned the United States Track and Field and Cross Country Coaches Association's (USTFCCCA) All-Academic Award.

In 2007, Hassen was the third Gator to cross the finish line at the NCAA South Regional Championship, helping to lead the team to a third-place finish. He was the first Gator to finish at the 2006 SEC Championship, the NCAA South Regional and the NCAA Championships, as Florida took second, third and 22nd, respectively. Hassen earned eighth-place finishes

at the SEC and Regional Championships, scoring for the Gators and garnering individual honors. In 2005, he scored in six of the seven races for the Gators. He returned from a redshirt season in 2004 to finish second at the first race of the season and kept up his consistency, never less than the fourth Gator to finish. His first collegiate victory came as a freshman, winning the Gator Invitational in 2003. He went on to place as one of the top five Florida runners in every meet that season, including the South Regionals, where he finished 27th and Gators placed third.

Hassen's track highlights include two second-place finishes in the 2008 season, at the Tom Jones Memorial Invitational and the Pepsi Florida Relays. He also ran a career-best outdoor 5,000m time at the Florida State Relays. In 2007, he collected another second-place victory at the Florida State Relays. Hassen also ran the anchor leg of the winning 4x1,600m relay team at the Pepsi Florida Relays. He scored at the 2006 SEC Indoor Championships with a seventh-place finish in the 5,000m and an NCAA-provisional qualifying time of 14:13.67, a career-best.

Hassen graduated from Florida in 2008 with a bachelor's degree in history and is currently working to complete his master's. He currently works and resides in Gainesville.

## Support Staff



**Nicole Addazio**  
Marketing Intern



**Tim Aydt**  
Academic Advisor



**Brian Barton**  
Operations



**Anna Grout**  
Nutritionist



**Andy Klock**  
Trainer



**Therese LeGrow**  
Program Coordinator



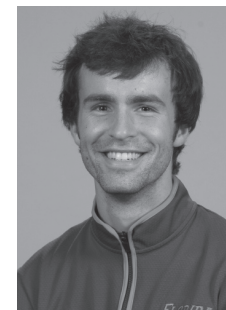
**Jamie McCloskey**  
Senior Associate  
AD, Compliance  
*Oversees cross country/  
track & field*



**Zanna Ollove**  
Communications



**Judy Traveis**  
Academic Advisor



**Adam Ulrich**  
Team Manager

